



### Spring Term 2026 – Rolling Hot lunch Menu

Week 1	Main	Pudding
<b>Monday</b>	Mixed vegetable and bean pasta, chopped tomatoes, courgettes, peppers, lentils, leeks and mixed beans with carrots, peas and sweetcorn	Ginger and apricot cookie
<b>Tuesday</b>	Lamb tagine, with chopped tomatoes, onions, spices, lentils, peppers, parsnips, apples, dates and apricots served with mixed vegetables and cous cous	Peach cake
<b>Wednesday</b>	Sausages and mashed potatoes with peas, carrots, sweetcorn and green beans with gravy	Chocolate and orange brownie
<b>Thursday</b>	Roast gammon with roast potatoes, stuffing, Yorkshire pudding, peas, sweetcorn, carrots and gravy	Melon slices
<b>Friday</b>	Baked white fish topped with a paprika and herb crust served with vegetable rice and peas	Apple and sultana flapjack
Week 2		
<b>Monday</b>	Vegetable curry with butternut squash, courgettes, onions, peppers, parsnips, cauliflower, tomatoes and lentils served with brown rice and mixed vegetables	Melon slices
<b>Tuesday</b>	Salmon pasta with courgettes, peppers, tomatoes, onions, beans, peas, carrots and sweetcorn	Lemon Drizzle
<b>Wednesday</b>	Roast sausages with roast potatoes, stuffing, Yorkshire pudding, peas, sweetcorn, carrots and gravy	Blueberry muffins
<b>Thursday</b>	Chicken, leek and mushroom pie, served with puff pastry, potatoes and sweetcorn	Chocolate and cranberry biscuit
<b>Friday</b>	BBQ gammon with peppers, tomatoes and sweetcorn served with cous cous	Raspberry and vanilla shortbread



<b>Week 3</b>		
<b>Monday</b>	Beef bolognese with tomatoes, peppers, and haricot beans with pasta, peas, sweetcorn and green beans	Ginger and apricot cookie
<b>Tuesday</b>	Baked white fish topped with a paprika and herb crust served with vegetable rice and peas	Peach cake
<b>Wednesday</b>	Sausages and mashed potatoes served with peas, sweetcorn and gravy	Raspberry and vanilla shortbread
<b>Thursday</b>	Mixed vegetable and bean casserole, chopped tomatoes, courgettes, peppers, lentils, leeks and mixed beans with cous cous, carrots, peas and sweetcorn	Chocolate and orange brownie
<b>Friday</b>	Roast gammon with roast potatoes, stuffing, Yorkshire pudding, peas, sweetcorn, carrots and gravy	Melon slices
<b>Week 4</b>		
<b>Monday</b>	Salmon pasta with courgettes, peppers, tomatoes, onions, beans, peas, carrots and sweetcorn	Apple and sultana flapjack
<b>Tuesday</b>	Lamb tagine, with chopped tomatoes, onions, spices, lentils, peppers, parsnips, apples, dates and apricots served with mixed vegetables and cous cous	Lemon drizzle
<b>Wednesday</b>	Vegetable curry with butternut squash, courgettes, onions, peppers, parsnips, cauliflower, tomatoes and lentils served with brown rice and mixed vegetables	Blueberry muffins
<b>Thursday</b>	Cottage pie with mashed potatoes, green beans, carrots, peas and sweetcorn served with gravy	Chocolate and cranberry biscuit
<b>Friday</b>	Roast chicken with roast potatoes, stuffing, Yorkshire pudding, peas, sweetcorn, carrots and gravy	Melon slices



## Spring 2026 – Rolling Tea Menu

Week 1	Main	Pudding
Monday	Buttered crumpets with cheese, cucumber and carrot sticks	Apple
Tuesday	Mixed vegetable soup served with bread	Orange
Wednesday	Beans on toast	Banana
Thursday	Tuna, sweetcorn and mayo jacket potato with cucumber and carrot sticks	Plum
Friday	Ham and lettuce roll with peppers and tomatoes	Pear
Week 2		
Monday	Tuna, cucumber and sweetcorn pasta	Apple
Tuesday	Root vegetable soup served with bread	Orange
Wednesday	Spaghetti hoops on toast	Banana
Thursday	Cheese roll served with peppers and tomatoes	Plum
Friday	Homemade pizza with tomatoes and carrots sticks	Pear
Week 3		
Monday	Tuna, cucumber and sweetcorn pasta	Apple
Tuesday	Spaghetti hoops on toast	Orange
Wednesday	Cheese roll served with peppers and tomatoes	Banana
Thursday	Mixed vegetable soup served with bread	Plum
Friday	Jacket potato and baked beans with tomatoes and carrots sticks	Pear



Week 4		
Monday	Buttered crumpets with cheese, cucumber and carrots sticks	Apple
Tuesday	Homemade pizza with cucumber and carrots sticks	Orange
Wednesday	Root vegetable soup served with bread	Banana
Thursday	Beans on toast	Plum
Friday	Ham and lettuce roll with peppers and tomatoes	Pear