# Little Beans

Weymouth



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# Falling leaves and.....

### Growing minds

----- DEAR FAMILIES

We hope you all had a peaceful and refreshing half-term break. It's lovely to welcome everyone back, and it's hard to believe we've already completed the first half term of the academic year!

As we move into November, we're looking forward to a month filled with warmth, celebration, and meaningful experiences for the children.



This month, we'll be exploring the theme of Festivals and Celebrations. The children have already enjoyed learning about Diwali, the changing seasons, and natural treasures. In the coming weeks, we'll gently introduce:

- · Bonfire Night
- · Remembrance Day (Poppy Day)
- · Hanukkah
- · Christmas

We'll be sharing stories, creating crafts, and enjoying sensory activities that help bring these traditions to life in a joyful and age-appropriate way.

### **Brain Building**

----- HAVE FUN, DEVELOP SKILLS – LOOK! SING! PLAY!

The simplest of actions can spark a learning opportunity, from eye contact, using silly voices, or even singing your child's favorite nursery rhyme can build their brain right from birth.

Look: Brain-building all starts with eye gazing, following your Little Beans eye movements to the new sights and sounds around them. You could even extend this further with your Little Beans by using their 5 senses – sight, sounds, touch, tastes smell.

Sing: Singing, humming or even talking engages your Little Beans brains from the moment they are born! You can enhances this through nursery rhymes, music and movement songs and even though the noises in our environment around us e.g. the sounds of rain of a bee buzzing by.

Say: Talking to your child, or copying when they babble, is an easy way to build their brain throughout the day. Talking about simple actions as you do them is a great place to start. Try adding silly voices and use expressions to bring your words to life!

Play: Children learn through play, every opportunity in the day is a moment for you to support their development. For example mealtimes, you can get your little one to help you cook lunch or dinner, can they count how many plates to set out on the table or can they use their fine motor skills and mathematical skills to cut their sandwiches into 4 triangles.





Little Beans Weymouth - October 2025

### Little Beans Celebrates!

### Events in November 2025

3<sup>rd</sup> November - World Jellyfish Day! emotions too, when we are kind A day dedicated to the beautiful how does that make someone feel? marine animal - the jellyfish. At Little Beans we will be exploring lots of different craft and messy activities as well as looking at mathematics too. How many tentacles does a jellyfish have?

5<sup>th</sup> November - Guy Fawkes Night! We will be looking at the story around Guy Fawkes and celebrating firework night by making some creative fireworks pictures!

6<sup>th</sup> November National Saxophone Day! Celebrated annually on the birthday of Belgian instrument maker, Adolphe Sax who was the inventor of the saxophone. At Little Beans we will be celebrating all things musical and seeing if we can make some of our own instruments!

Day! The day when we remember those members of the armed forces who gave their lives in conflict. We will be making poppies to wear and observe a minute's silence to show our respect and thankfulness in the week leading up to remembrance Sunday.

13<sup>th</sup> November - World Kindness Day! A day to celebrate and promote kindness in all its forms. We will be talking about all things that are kind and thinking about how we can make other people happy. We will be exploring our

16th to 22nd November - Road Safety Week! A week where communities take action on road safety. We will be talking about how to stay safe when out and about in the community.

### 21<sup>st</sup> November - World Hello Day!

This day is about demonstrating the importance for communicating! We will be exploring the different way in which we can say hello for example as well as speaking there is signing too! Can you try say hello to ten people today!

27<sup>th</sup> November - Thanksgiving! US national holiday which is a celebration of the successful harvest and other blessings of the past year.

11th November - Remembrance 30th November — St Andrews Day! (we will celebrate on Friday 28th **November)** Celebration of the patron saint of Scotland, St. Andrew. In the week leading up to St Andrew's Day we will be looking at Scottish flags and learning some fun facts about Scotland!



### Hanukkah

----- NOVEMBER

Hanukkah - Begins Sunday 30th November

The Jewish Festival of Lights begins at the end of the month.

We'll explore the story of Hanukkah, light-themed crafts, and the importance of family and tradition.

These celebrations will be woven into our daily activities gentle and ageappropriate way, helping children learn about the world around them through stories, play, and creativity.















# Little Bean's Recipe of the Month

### Chicken and Vegetable Korma with rice

#### ----- INGREDIENTS

- 700g chicken breast
- 1 tin coconut milk
- 1 tbsp turmeric
- 1 tbsp grounded coriander
- 1 tbsp garlic powder
- 1.5 tbsp garam masala
- 250ml boiling water
- 500g mixed vegetables
- 100g flour
- 100g corn flour
- 300g rice

### Top Tip:

Don't forget to serve with poppadom's or nan bread - yummy!!

### ----- METHOD

- 1. Boil the chicken and vegetables in water for around 1 hour.
- 2. Once boiled drain the water and chop the chicken into small mouth sized pieces.
- 3. Add the water, spices and coconut milk and mix well.
- 4. Simmer on the hob four around 20 mins.
- 5. Whilst this is simmering boil the rice in a different pan.
- 6. Mix together the flour and corn flour and slowly add into the mix until reached desired thickness.
- 7. Add more spices in if you like your curry spicy.

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### TERM DATES FOR TERM TIME ONLY (AYR) CHILDREN: (TTO) CHILDREN:

### Autumn Term

Term 1 - Monday 1<sup>st</sup> September 2025 - Friday 24th October 2025

Half term - Monday 27<sup>th</sup> October 2025 - Friday 31<sup>st</sup> October 2025

Term 2 - Monday 3<sup>rd</sup> November 2025 - Friday 12th December 2025 TERM DATES FOR ALL YEAR ROUND (AYR) CHILDREN:

Academic year 2025/2026

Monday 1<sup>st</sup> Sept 2025 -Friday 28<sup>th</sup> Aug 2026

Autumn term 1<sup>st</sup> September 2025 – Friday 19th December 2025 (16 weeks)

Spring Term 22<sup>nd</sup> December 2025 - January 2026 - 28th March 2026 (13 weeks)

Summer Term 31<sup>st</sup> March 2026 – 29th August 2026 (22 weeks)

### Bank Holidays (nursery closed)

Thursday 25<sup>th</sup> December 2025 Friday 26<sup>th</sup> December 2025 Thursday 1st January 2026 Friday 3rd April 2026 Monday 6th April 2026 Monday 25th May 2026 Monday 31st August 2026

### Closed for Christmas!

Wednesday 24<sup>th</sup> December 2025 – Tuesday 31<sup>st</sup> December 2025 inclusive and Monday 1<sup>st</sup> January 2026 (Bank holiday closed) Re-open on the Friday 2<sup>nd</sup> January 2026

# Housekeeping!

### Welcoming New Team Members

We're delighted to welcome two lovely new faces to our Little Beans family:

### Felicity - Baby Room



Felicity is currently studying for her Level 3 childcare qualification and joined us last week. She enjoys spending time with family and friends and is really looking forward to getting to know our babies and their families

### Jessica – Toddlers Room



Jessica is a qualified Level 3 Nursery Teacher with many years of experience and a child of her own. She's excited to be part of our team and can't wait to meet all the children and parents.

### **Seasonal reminders**

As the weather turns chillier, we kindly ask:

- **Baby Room**: Please bring slippers to help keep little feet warm and cosy.
- **All Rooms**: Coats, rain suits, and wellies are welcome for outdoor play. Please label all items to help us keep track.

### **Health & Wellbeing**

To help keep everyone safe and comfortable:

- · If your child begins a course of antibiotics, please keep them at home for 48 hours after the first dose. This allows time to monitor for any allergic reactions.
- · After childhood vaccinations, we ask that children stay home for 24 hours. This gives them time to rest and recover, and helps prevent any serious temperature spikes that could lead to febrile convulsions.

### Thank you for your understanding and support.



### Nursery Fees & Funding

Please ensure nursery fees are paid on or before the last working day of each month.

If your child receives 30-hour funding, don't forget to re-confirm eligibility every 3 months to avoid losing it.

### Facebook and Instagram

Please check out our Facebook and Instagram page, give us a 'like' and 'follow' to keep updated with dates and reminders. We also add photos regularly of what your Little Beans have been up to.

You can also leave reviews!

## https://www.facebook.com/littlebeansweymo

Search on Instagram under 'Little Beans Day Care'

#### Little Beans Website

Our website also has lots of useful information which we up-date each month. We put all newsletters, menus, and dates for the diary on it.

You can check the website to keep updated with what's going on <a href="https://www.littlebeansdaycare.com">www.littlebeansdaycare.com</a>



# Songs of the Month

### Autumn Leaves song

To the tune of "London Bridge"

Autumn leaves are falling down, Falling down, falling down.

Autumn leaves are falling down,

All around the town.

Rake them up and throw them high,
Throw them high, throw them high.
Rake them up and throw them high,
Watch them dance and fly!



#### Five Little Acorns

Counting rhyme for autumn animals

Five little acorns sitting in a tree,

Along came a squirrel as quick as can be.

He took one acorn and ran away,

Now there are four acorns left to play!

(Repeat down to one)

Use fingers to count down and act out the squirrel's movements.



### I'm a Little Hedgehog

To the tune of "I'm a Little Teapot"

I'm a little hedgehog, brown and small,

Very prickly, not cuddly at all.

When I get scared, I curl up tight,

In a little ball, out of sight!

Perfect for role play—children love curling up like hedgehogs.

