# Little Beans

Garland





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# This month

### We are learning about.....

---- 'COUNTRIES!'

Our theme in November at Little Beans is 'Countries'.

This month the Little Beans will be taking part in activities where we will be learning about different countries, religions, festivals, and traditions from around the world. We will be embracing language, costume, religions, the world cup, travel, festivals, food—the list is endless!



We will be celebrating the diverse cultures and community around us. We will be learning and exploring the similarities and differences within our cultures.

We are asking if any of our amazing parents, carers and families would like to bring in any resources or perhaps even come in for a talk to the children about their culture, please email or call to set a date and time where you can come in!



### Brain Building

----- HAVE FUN, DEVELOP SKILLS – LOOK! SING! PLAY!

The simplest of actions can spark a learning opportunity, from eye contact, using silly voices, or even singing your child's favorite nursery rhyme can build their brain right from birth.

Look: Brain-building all starts with eye gazing, following your Little Beans eye movements to the new sights and sounds around them. You could even extend this further with your Little Beans by using their 5 senses – sight, sounds, touch, tastes smell.

Sing: Singing, humming or even talking engages your Little Beans brains from the moment they are born! You can enhances this through nursery rhymes, music and movement songs and even though the noises in our environment around us e.g. the sounds of rain of a bee buzzing by.

Say: Talking to your child, or copying when they babble, is an easy way to build their brain throughout the day. Talking about simple actions as you do them is a great place to start. Try adding silly voices and use expressions to bring your words to life!

Play: Children learn through play, every opportunity in the day is a moment for you to support their development. For example mealtimes, you can get your little one to help you cook lunch or dinner, can they count how many plates to set out on the table or can they use their fine motor skills and mathematical skills to cut their sandwiches into 4 triangles.







## Little Beans Celebrates!

### **Events in November 2025**

3rd November - World Jellyfish Day! A day dedicated to the beautiful marine animal - the jellyfish. At Little Beans we will be 16<sup>th</sup> to 22<sup>nd</sup> November - Road Safety exploring lots of different craft and messy activities as well as looking at mathematics too. How many tentacles does a jellyfish have?

5<sup>th</sup> November - Guy Fawkes Night! We will be looking at the story around Guy Fawkes and celebrating firework night by making some creative fireworks pictures!

6<sup>th</sup> November - National Saxophone Day! Celebrated annually on the birthday of Belgian instrument maker, Adolphe Sax who was the inventor of the saxophone. At Little Beans we will be celebrating all things musical and seeing if we can make some of our own instruments!

11<sup>th</sup> November - Remembrance Day! The day when we remember those members of the armed forces who gave their lives in conflict. We will be making poppies to wear and observe a minute's silence to show our respect and thankfulness in the week leading up to remembrance Sunday.

13th November - World Kindness Day! A day to celebrate and promote kindness in all its forms. We will be talking about all things that are kind and thinking about how we can make other people happy. We will be exploring our emotions too, when we are kind how does that make someone feel?

Week! A week where communities take action on road safety. We will be talking about how to stay safe when out and about in the community.

21st November - World Hello Day! This day is about demonstrating the importance for communicating! We will be exploring the different way in which we can say hello for example as well as speaking there is signing too! Can you try say hello to ten people today!

27<sup>th</sup> November - Thanksgiving! US national holiday which is a celebration of the successful harvest and other blessings of the past year.

30<sup>th</sup> November — St Andrews Day! (we will celebrate on Friday 28<sup>th</sup> November) Celebration of the patron saint of Scotland, St. Andrew. In the week leading up to St Andrew's Day we will be looking at Scottish flags and learning some fun facts about Scotland!



### Parent's Evening!

---- REMINDER

We are pleased to offer you all a date for your diaries for a parents evening with your child's key worker!

Join us for Parent's evening on Wednesday 19th November 2025.

Please contact us via email, tapestry or on the door to book in a ten-minute slot to discuss your child's learning, development and progress.











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# Little Bean's Recipe of the Month

### Chicken and Vegetable Korma with rice

#### ----- INGREDIENTS

- 700g chicken breast
- 1 tin coconut milk
- 1 tbsp turmeric
- 1 tbsp grounded coriander
- 1 tbsp garlic powder
- 1.5 tbsp garam masala
- 250ml boiling water
- 500g mixed vegetables
- 100g flour
- 100g corn flour
- 300g rice

### Top Tip:

Don't forget to serve with poppadom's or nan bread - yummy!!

#### ----- METHOD

- 1. Boil the chicken and vegetables in water for around 1 hour.
- 2. Once boiled drain the water and chop the chicken into small mouth sized pieces.
- 3. Add the water, spices and coconut milk and mix well.
- 4. Simmer on the hob four around 20 mins.
- 5. Whilst this is simmering boil the rice in a different pan.
- 6. Mix together the flour and corn flour and slowly add into the mix until reached desired thickness.
- 7. Add more spices in if you like your curry spicy.

-----Enio\

# TERM DATES FOR TERM TIME ONLY (TTO) CHILDREN:

### Autumn Term

Term 1 – Monday 1st September 2025 – Friday 24th October 2025

Half term - Monday 27<sup>th</sup> October 2025 - Friday 31<sup>st</sup> October 2025

Term 2 – Monday 3<sup>rd</sup> November 2025 – Friday 12th December 2025

### TERM DATES FOR ALL YEAR ROUND (AYR) CHILDREN:

Academic year 2025/2026

Monday 1st Sept 2025 -Friday 28th Aug 2026

Autumn term 1<sup>st</sup> September 2025 – Friday 19th December 2025 (16 weeks)

Spring Term 22<sup>nd</sup> December 2025 - January 2026 - 28th March 2026 (13 weeks)

Summer Term 31<sup>st</sup> March 2026 - 29th August 2026 (22 weeks)

### Bank Holidays (nursery closed)

Thursday 25<sup>th</sup> December 2025 Friday 26<sup>th</sup> December 2025 Thursday 1st January 2026 Friday 3rd April 2026 Monday 6th April 2026 Monday 25th May 2026 Monday 31st August 2026

#### Closed for Christmas!

Wednesday 24<sup>th</sup> December 2025 – Tuesday 31<sup>st</sup> December 2025 inclusive and Monday 1<sup>st</sup> January 2026 (Bank holiday closed) Re-open on the Friday 2<sup>nd</sup> January 2026



Little Beans used a treasure map to find colour monsters hidden around the nursery!

# Housekeeping!

### Reminders

Please make sure your Little Bean comes to nursery with a warm coat, hat, and named gloves each day, as we'll continue to enjoy plenty of outdoor play even as the weather turns colder. Please make sure all items coming to nursery are labelled with your Little Bean's name.

As we move into the colder months, we're seeing an increase in seasonal colds. Please remember our 48-hour rule after any sickness or diarrhoea to help keep everyone healthy.

#### Christmas celebrations!

We're starting preparations for our Christmas activities and performances — details to follow soon!

Our Christmas Photo Shoot is on Sunday 16<sup>th</sup> November from 9am. If you have not already booked a time slot for photos then please get in touch as we have a few spaces left!

### Children In Need 2025

This year, Children in Need is Friday 14<sup>th</sup> November 2025. Of course, we love a fancy dress day, and it is always a good excuse to try and raise some money for those in need!

This year, we have decided to have an animal fancy dress day! Please encourage your children to dress as their favourite animals. We just ask that you donate £1 (or more should you wish) for them to take part.

### Facebook and Instagram

Stay connected with us by visiting our Facebook and Instagram pages!

Be sure to give us a 'like' and 'follow' to stay updated on important dates, reminders, and to see regular photos of what your Little Beans have been up to. Don't forget, you can also leave us a review!

Facebook: <a href="https://www.facebook.com/littlebeansgarland/">https://www.facebook.com/littlebeansgarland/</a> Instagram: Search for 'Little Beans Day Care'

#### Little Beans Website

For more information, visit our website where we regularly update newsletters, menus, and important dates. Check it out at: www.littlebeansdaycare.com

