

Little Beans

Garland



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Butterflies in July! 🦋

July is a truly magical month—especially if you love butterflies! This is when many butterflies are most active, fluttering through gardens, parks, and fields, showing off their bright, beautiful colours. Here are some butterflies you might spot this summer:

Red Admiral – This butterfly has black wings with bright red bands and white spots. You might see it resting in the sunshine or feeding on flowers.

Peacock – With big colourful “eye spots” on its wings, the Peacock butterfly is easy to notice! These special spots help scare away birds and other animals.

Small Tortoiseshell – This butterfly is orange, black, and yellow and loves flowers like buddleia, also known as the butterfly bush.

Comma – Look closely and you’ll see a tiny white comma shape on the underside of its wings. Its wings have bumpy edges that make it look like a dried leaf when it’s resting.

Brimstone – Male Brimstone butterflies are pale yellow and look like leaves as they fly. They’re often seen near gardens and woods.

Where Can You Find Butterflies?

🌸 **In Gardens** – Butterflies love gardens with colourful flowers! Plants like lavender, marigolds, and verbenas are butterfly favourites.

🌳 **In Parks and the Countryside** – Wide open spaces with wildflowers, hedges, and woodland edges are perfect places to go butterfly spotting!

Fun Butterfly Facts!

🦋 **Life Cycle** – Butterflies start as eggs, then become caterpillars, then change into a chrysalis, and finally turn into butterflies! July is when you’ll see many grown-up butterflies flying around.

🌼 **Helping Plants Grow** – As butterflies sip nectar, they help move pollen from flower to flower. This helps flowers and plants grow!

✈️ **Butterfly Travellers** – Some butterflies, like the Painted Lady, travel thousands of miles from Africa all the way to the UK!

Why not go on a butterfly hunt this month? Look around your garden or local park - how many different butterflies can you find?

Fun Butterfly Activities!

Butterfly Watching:

Take a walk with a notebook and try to spot and identify different butterflies. You can draw pictures of the ones you see.

Create a Butterfly Garden:

With the help of an adult, plant some butterfly-friendly flowers in your garden. You can create a haven for these beautiful insects.

Craft Time:

Make your own butterfly out of paper. You can colour it with bright, vibrant patterns just like real butterflies.

July is a wonderful time to enjoy the beauty of butterflies in Britain.

So grab your hat, head outside, and see how many butterflies you can spot!





Little Beans Celebrates!

What's happening in July 2025

1st July – Canada Day!

We'll be learning all about Canada as we celebrate the anniversary of 1st July 1867, when the country officially became a federation. We'll explore some of Canada's natural treasures—like the famous maple tree—through stories and crafts!



7th July – Alice's Day! 🐇🕒

Time to tumble down the rabbit hole! We're celebrating Lewis Carroll's classic story, *Alice's Adventures in Wonderland*. The children will enjoy exploring the characters, making magical potions, and hosting their very own mad hatter's tea party! We will celebrate this day on Thursday 3rd July.



4th July – American Independence Day!

We'll be learning about the United States of America, its Independence Day, and how life in America is both similar to and different from our own in the UK. A fun day full of facts, flags, and music!

7th July – World Chocolate Day! 🍫

We're celebrating all things chocolate! Through games and activities, we'll also talk about healthy eating and why it's important to enjoy treats as part of a balanced diet.

14th July – French Independence Day!

Known as Bastille Day, this celebration is all about France's independence! We'll learn some simple French words, discover famous landmarks, and even get to taste some traditional French food.

29th July – International Tiger Day! 🐅

We're raising awareness for the beautiful but endangered tiger. We'll learn about their habitats, how they live in the wild, and what we can do to help protect them. Expect lots of stripes and roars!



31st July – Harry Potter's Birthday! 🧙🪄

Happy birthday to Harry Potter and his creator, J.K. Rowling! We'll celebrate with stories, spells, and magical fun—perhaps a game of Quidditch or a pretend glass of butterbeer!



This month..... the little beans will be learning about big school!

This term, Children preparing to start school will be learning about school readiness and practicing their skills.

School readiness includes not only physical abilities like dressing themselves and managing personal hygiene but also involves emotional preparedness. We will have many discussions about school to help ensure a smooth transition and address any feelings your Little Bean may have about moving to big school, whether excitement or nervousness!

It's essential to work on a variety of gross motor skills to help develop fine motor skills. Activities like crawling or doing teddy bear rolls engage both sides of the brain, which is crucial for developing more refined skills like drawing and writing.

Children who are not yet starting school will focus on building their independence, such as putting on and taking off their shoes and engaging in plenty of mark-making activities. These are fundamental steps towards school readiness!

We'll also be helping children become more aware of transitions and changes. Many will be moving rooms soon, and we want them to feel as confident as possible during these transitions.



REMINDER!

**Graduation Ceremony
for Little Beans going
to Big School in
September 2025**

**Longfleet School
Saturday 12th July
2025 at 9.30am**



Little Bean’s Recipe of the Month

Fruity Yoghurt Pots

These colourful yoghurt pots are perfect for warm days and a lovely way to get children excited about healthy eating!

Ingredients:

- 200g Greek or natural yoghurt
- 1 tsp honey (optional – only for children over 1 year)
- A handful of berries (e.g. strawberries, raspberries, blueberries)
- 1 banana, sliced
- 1 small handful of low-sugar granola or crushed rich tea biscuits

Little Helping Hands Tips:

- 👶 Toddlers can help with spooning, layering, and naming fruits.
- 👦 Older children might enjoy designing their own “rainbow” fruit layers!

Why not try this at home and send us a photo of your little bean’s creation? We’d love to see their yummy yoghurt pots!

You’ll Need:

- Small bowls or plastic cups
- A spoon
- Child-safe knife (optional, with supervision)

How to Make It:

Prepare the Fruit 🍓

- Wash the berries and slice the banana. Children can help count the berries or place them in bowls.

Mix the Yoghurt 🥄

- In a bowl, stir the yoghurt with a little honey (if using). Let the children help mix!

Layer It Up 🍓

- In a small cup or bowl, help children add:
- A spoonful of yoghurt
- A few pieces of fruit
- A sprinkle of granola or biscuit crumbs
- Repeat for another layer if there’s room!

Top It Off 🍓

- Add a final bit of fruit on top and enjoy right away—or chill in the fridge for later.

ENJOY!-----

TERM DATES FOR TERM TIME ONLY (TTO) CHILDREN:
Summer term
Easter Holidays – Monday 7th April 2025 – Friday 18th April 2025
Term 1 – Monday 21st April 2025 – Friday 23rd May 2025
Half term – Monday 26th May 2025 – Friday 30th May 2025
Term 2 – Monday 2nd June 2025 – Friday 18th July 2025
Summer Holidays – Monday 21st July 2025 – Friday 29th August 2025
Autumn Term
Term 1 – Monday 1st September 2025 – Friday 24th October 2025
Half term – Monday 27th October 2025 – Friday 31st October 2025
Term 2 – Monday 3rd November 2025 – Friday 12th December 2025

TERM DATES FOR ALL YEAR ROUND (AYR) CHILDREN:

Academic year 2024/2025
Monday 2nd Sept 2024 – Friday 29th Aug 2025

Summer Term
31st March 2025 – 29th August 2025 (22 weeks)
Academic year 2025/2026
Monday 1st Sept 2025 -Friday 28th Aug 2026

Autumn term 1st September 2025 – Friday 19th December 2025 (16 weeks)
Spring Term 22nd December 2025 - January 2026 – 28th March 2026 (13 weeks)
Summer Term 31st March 2026 – 29th August 2026 (22 weeks)

Bank Holidays (nursery closed)

Monday 5th May 2025
Monday 26th May 2025
Monday 25th August 2025
Thursday 25th December 2025
Friday 26th December 2025
Closed for Christmas! 🎅
Wednesday 24th December 2025 – Tuesday 31st December 2025 inclusive and Monday 1st January 2026 (Bank holiday closed)
Re-open on the Friday 2nd January 2026



Housekeeping!

New member of the team



We welcome Jade to Little Beans. Jade will be assisting us during our busy lunchtimes. She's already been a wonderful help supporting the children during lunch and playtimes.

Tapestry

Your key person has updated your child's next steps on Tapestry! Please share what you have been working on at home, what activities your child has enjoyed recently, and any specific areas you would like us to focus on. This collaboration is a key part of our parent partnership, helping us work together to achieve your child's goals.

Make sure to regularly check Tapestry for updates, as we use it to keep parents and carers informed with important information and to share the wonderful experiences your Little Beans have with us!

Your child's transition to school - 2025

Please check the documents on Tapestry for a wealth of information on school readiness, including activities your children can do at home, like Fiddly Things for Little Fingers! We will keep adding new resources to help prepare your children for school, which you can participate in at home.

The Family Hub also offers various support programs, including those for starting school, communication and language, parenting, and many other early help programs.

Car park

We kindly remind all parents to please take extra care when driving or walking through the car park, as there are currently a few potholes that may pose a hazard. We are arranging for a contractor to carry out repairs, which we hope can be scheduled to take place next month. We appreciate your patience. Thank you! 😊

Spare Clothing

Please ensure you are bringing in spare clothes in a labelled bag. Please encourage your child to carry their own bag to promote independence. The Team will support your child to hang their bag up in the correct area or on their peg. All spare clothing should be labelled. Even if you do not think your child needs spare clothing there will be occasions when they will need to be changed due to messy/ water play or spillages! If you borrow our Little Beans spare clothing, please remember to wash and return it so that we have it available for any other little bean that may need it!

Emergency Contacts

May we ask that all parents update us with any changes to their details, and their emergency contact details including contact numbers and addresses. The emergency contact must be able to collect your child. We will of course always try to contact parents first 😊

Facebook and Instagram

Stay connected with us by visiting our Facebook and Instagram pages!

Be sure to give us a 'like' and 'follow' to stay updated on important dates, reminders, and to see regular photos of what your Little Beans have been up to. Don't forget, you can also leave us a review!

Facebook: <https://www.facebook.com/littlebeansgarland/>
Instagram: Search for 'Little Beans Day Care'

Little Beans Website

For more information, visit our website where we regularly update newsletters, menus, and important dates. Check it out at: www.littlebeansdaycare.com