# Little Beans

Garland



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# August is summer time!

This month we will be exploring the world of Dinosaurs.....roar!

Our Little Beans are about to embark on an exciting journey back in time to learn all about the incredible creatures that once roamed the Earth!

Through hands-on activities, we'll dig for fossils, examine footprints, and uncover clues that teach us about the many different species of dinosaurs.

This fun-filled learning experience will also help the children explore how the Earth has changed over time, and how animals depend on their environment to survive. We'll be learning about growth, change, decay, and the fascinating circle of life!



We will be doing lots of craft, messy and experimenting this month!

We will be answering questions such as:

- What happens when an egg hatches?
- Why do some dinosaurs have such long necks?
- How many species of dinosaur were there?
- Which is the biggest dinosaur? Can they all fly?



# **Babbling Babies!**

.....Language skills

Your newborn baby can already distinguish the unique rhythmic patterns of the language they heard you speaking in the months before their birth.

By the time your baby has started babbling sounds, they have already started learning abstract language patterns and creating abstract language rules.

Language learning increases your baby's attention to nearby objects. This cognitive attention-boosting by language is found in babies as young as 3 months.

When your baby is babbling, they are experimenting. Babies babble both speech sounds and non-speech sounds and their brains learn to filter out which sounds do not belong to the language they are learning. For example, some babies may practice raspberries during babbling until they learn the sound is not part of the target language.

By the time your baby says their first words, they are already able to understand a large number of words of their language, even if they aren't able to say them all yet.

Little Beans Garland Baby Room Team









# Little Beans Celebrates!

# Events in August 2025

# 7<sup>th</sup> August — Sea Serpent Day

A day to ponder on the myth of 15<sup>th</sup> August sea serpents. A sea serpent or sea world including Mesopotamian, Greek, Judaeo-Christian and Norse mythology.

# 8<sup>th</sup> August – International Cat Day

Organised by the International Fund for Animal Welfare, this is a day to think about your furry friend and appreciate everything you love about them.

# 9<sup>th</sup> August – Rice Pudding Day

Yes, this really is a thing. We will celebrate this on Monday 11th August. All you have to do is to eat some rice pudding today!

# 12<sup>th</sup> August — World Elephant Day

A day to bring attention to the urgent plight of Asian and African elephants. Experience elephants in non-exploitive and sustainable environments where elephants can thrive under care and protection.



# 13th August — Left-Handed Day

Your chance to tell your family and friends how proud you are of being left- handed, and also to raise awareness of the everyday issues that lefties face in a world designed for right-handers!

# 14<sup>th</sup> August – World Lizard Day

A special day for lizard enthusiasts to share their interest with the world. There are 6,000 species of lizards in the world, and they have been around for more than 250 million years.

# International Relaxation Day!

dragon is a type of dragon sea A day to slow down and unwind monster described in various and focus on self-care. It's mythologies across the ancient important that our little beans have all the tools to deal with daily stresses and engage in activities that promote physical and mental wellbeing and relaxation.

#### August 19<sup>th</sup> International Orangutan Day

An awareness day for orangutangs around the world, some of which are facing extinction within the next two decades. Their habitat is threatened by the illegal pet trade and deforestation from the palm oil industry. You can also visit our nearby Monkey World to see some rescued Orangutans including some youngsters growing up in their orangutan nursery!



# 27th August - World Rock Paper Scissors Day!

Overcoming various culture or language barriers, Rock Paper Scissors is a game that can be understood and played by almost anyone, regardless of their age, gender or other differences - and without cost or equipment! Rock Paper Scissors Day is meant to bring people together, bonding them over the fun that can be had from this simple game that is considered to be one of the oldest in the world!



# **Starting Nursery.....**

# --some top tips!

# Help your child get comfortable around other children before starting nursery

Taking your child to a baby or toddler group is a great way to ease them into social situations. These groups give your child the chance to play with other kids in a safe, welcoming space, while you connect with other parents and carers. It's a gentle way to help your child become familiar with being around their peers.

## Familiarise your child with the nursery location

Walk or drive passed the nursery a few times before their first day. Seeing the building and the surroundings regularly can help your child feel more comfortable and confident when it's time to go inside.

#### Talk about nursery in a positive way

When you mention nursery to your child, do so with a smile and an upbeat tone. Children are quick to pick up on your emotions, so staying positive helps them feel more excited and less anxious about this new experience.











# Little Bean's Recipe of the Month

# Fruit Caterpillar Kababs

A colourful, fun and healthy snack kids can build themselves!

## What you will need:

- Green grapes
- Strawberries
- Banana slices
- Blueberries
- Mini marshmallows (optional for eyes)
- Chocolate chips or raisins (optional for eyes)
- > Wooden skewers or large wooden ice lolly sticks (use with supervision)

# Little Helping Hands Tips:

- For very young children, use the ice lolly sticks instead of skewers to avoid sharp ends.
- Cut grapes and berries in half if serving to toddlers for safe eating.

Let your little bean name their caterpillar creations — it makes snack time more fun and creative!

# How to Make them:

- Wash and prepare the fruit: slice bananas and hull strawberries.
- Let your child build their own caterpillar by sliding fruit pieces onto a skewer or ice lolly stick.
- Try this pattern: grape, banana, grape, strawberry, grape... and so on!
- For the caterpillar face, use a strawberry or banana slice at the front.
- Add mini marshmallows with chocolate chips or raisins for eyes (you can stick them on with a bit of yogurt or cream cheese if needed).

ENJOY!-----

# TERM DATES FOR TERM TIME ONLY (TTO) CHILDREN: Summer term

Easter Holidays - Monday 7<sup>th</sup> April 2025 - Friday 18<sup>th</sup> April 2025

Term 1 – Monday 21st April 2025 – Friday 23<sup>rd</sup>
May 2025

Half term - Monday 26<sup>th</sup> May 2025 - Friday 30<sup>th</sup>

Term 2 – Monday 2<sup>nd</sup> June 2025 – Friday 18<sup>th</sup> July 2025

Summer Holidays - Monday 21st July 2025 - Friday 29th August 2025

# Autumn Term

Term 1 - Monday 1st September 2025 - Friday 24th October 2025

Half term – Monday 27th October 2025 – Friday 31st October 2025

Term 2 – Monday 3rd November 2025 – Friday 12th December 2025

TERM DATES FOR ALL YEAR ROUND (AYR) CHILDREN:

Academic year 2024/2025 Monday 2<sup>nd</sup> Sept 2024 - Friday 29<sup>th</sup> Aug 2025

Summer Term 31<sup>st</sup> March 2025 – 29<sup>th</sup> August 2025 (22 weeks)

Academic year 2025/2026 Monday 1<sup>st</sup> Sept 2025 -Friday 28<sup>th</sup> Aug 2026

Autumn term 1st September 2025 - Friday 19th December 2025 (16 weeks) Spring Term 22nd December 2025 - January 2026 - 28th March 2026 (13 weeks) Summer Term 31st March 2026 - 29th August 2026 (22 weeks)

# Bank Holidays (nursery closed)

Monday 5th May 2025

Monday 26th May 2025

Monday 25th August 2025

Thursday 25th December 2025

Friday 26th December 2025

# Closed for Christmas!

Wednesday 24th December 2025 - Tuesday 31st December 2025 inclusive and Monday 1st January 2026 (Bank holiday closed) Re-open on the Friday 2nd January 2026









# Housekeeping

## Welcome back to Laura!



We're delighted to give a big warm welcome back to Laura, who is returning from maternity leave! Laura will be joining our Amazing 2's Room as a Level 3 Practitioner. You may also spot her in the kitchen from time to time, continuing her wonderful work as our chef. Here's a message from Laura:

"I'm excited to be returning to work at Little Beans after some time off on maternity leave. I bring with me over 14 years of experience working in childcare settings. I've always had a passion for working with children—it's such a joy to watch them grow, learn, and explore the world through fun and engaging activities. I'm really looking forward to bringing this passion back to Little Beans and supporting your children on their learning journey!"

We're thrilled to have Laura back and know she'll be a fantastic support to both our team and your little ones!

# Headlice

We would like to remind all our families that if a child is found to have headlice while at nursery, we will ask for them to be collected and treated at home.

Once your child has been treated and there are no longer any live headlice or eggs present, they are more than welcome to return to nursery.

Thank you for your understanding and support in helping us maintain a healthy environment for all our children.

# Preschool Goodbye

It's a bittersweet moment as we say goodbye to our wonderful preschool children who are graduating and moving on to their next big adventure — big school!

We are going to miss each and every one of you so much. It has been a joy to watch you grow, learn, and play during your time at Little Beans.

We wish you all the very best as you take this exciting next step — and don't forget to pop in and say hello sometime!

# Facebook and Instagram

Stay connected with us by visiting our Facebook and Instagram pages!

Be sure to give us a 'like' and 'follow' to stay updated on important dates, reminders, and to see regular photos of what your Little Beans have been up to. Don't forget, you can also leave us a review!

Facebook: <a href="https://www.facebook.com/littlebeansgarland/">https://www.facebook.com/littlebeansgarland/</a> Instagram: Search for 'Little Beans Day Care'

# Little Beans Website

For more information, visit our website where we regularly update newsletters, menus, and important dates. Check it out at: <a href="https://www.littlebeansdaycare.com">www.littlebeansdaycare.com</a>

