

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
July 2025	30 th June	01 st July	2 nd July	3 rd July	4 th July
Breakfast	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit
Lunch	Jacket Potatoes with Cheese with carrot sticks.	Mild Chicken Katsu with 50/50 Rice, Vegetables & Mini Naan	Roast British Gammon with Roast Potatoes, Country Vegetables & Gravy	Local Butcher's Pork Sausage with Cheesy Potato Bake & Baked Beans	MSC Battered Fish with potato wedges, Peas & Tomato Ketchup
Pudding	Oat & Apricot Cookie or Fresh Fruit	Lemon Ginger Crunch or Fresh Fruit	Mini Shortbread & Watermelon Wedge	Mini Ginger Biscuit & Pineapple	Chocolate Cupcake or Fresh Fruit
Теа	Ham Sandwiches & Cucumber Sticks.	Humus with Pitta Bread& Cucumber & Pepper Sticks.	Cream Cheese and Cucumber Sticks.	Toasted Crumpets with Marmite and Cherry Tomatoes	Tuna Mayonnaise Sandwiches & Cucumber Sticks



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
July 2025	4 th	5 th	6 th	7 th	8 th
Breakfast	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit
Lunch	Jacket Potatoes with Cheese carrot sticks	Pulled Pork Sub Roll with Corn Ribs, Peas & BBQ Sauce	Roast British Turkey with Roast Potatoes, Country Vegetables & Gravy	Macaroni Cheese with Wyke Farm Cheddar & Peas	MSC Breaded Fish with potato wedges, Peas & Tomato Ketchup
Pudding	Fruity Flapjack Biscuit or Fresh Fruit	Strawberry Yoghurt or Fresh Fruit	Orange Wedge & Mini Chocolate Brownie	Fresh Honeydew Melon & Mini Oat Cookie	Jammy Cupcake or Fresh Fruit
Теа	Ham Sandwiches & Cucumber Sticks.	Humus with Pitta Bread& Cucumber & Pepper sticks.	Cream Cheese and Cucumber Sticks.	Toasted Crumpets with Marmite and Cherry Tomatoes	Tuna Mayonnaise Sandwiches & Cucumber Sticks



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
July 2025	07 th	08 th	09 th	10 th	11 th
Breakfast	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit
Lunch	Jacket Potato with Cheese and Carrot Sticks	Tasty Tomato Sauce with Pasta Twists, Grated Cheese & Sweetcorn	Local Butchers Pork Sausage with Roast Potatoes, Country Vegetables & Gravy	Dorset Ham Ploughman's with Baguette, Salad & Mayonnaise	MSC Fish Fingers with Potato Wedges, Peas & Tomato Ketchup
Pudding	Vanilla Cookie or Fresh Fruit	Fresh Watermelon & Mini Shortbread	Orange Wedge & Chocolate Flapjack	Raspberry Cake or Fresh Fruit	Strawberry Whip or Fresh Fruit
Теа	Tuna Mayonnaise Sandwiches & Cucumber Sticks	Humus with Pitta Bread& Cucumber & Pepper sticks.	Cream Cheese and Cucumber Sticks.	Toasted Crumpets with Marmite and Cherry Tomatoes	Tuna Mayonnaise Sandwiches & Cucumber Sticks



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
July 2025	14 th	15 th	16 th	17 th	18 th
Breakfast	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit
Lunch	Dorset Ham Pizza with Baked Beans & Corn on the Cob	Fruity Chicken Curry with 50/50 Rice, Vegetables & Mini Naan	Roast British Pork Loin with Roast Potatoes, Country Vegetables & Gravy	British Beef Meatball Sub with 5 Veg Tomato Sauce, Grated Cheese & Peas	MSC Breaded Fish with potato wedges, Peas & Tomato Ketchup
Pudding	Chocolate Cookie or Fresh Fruit	Fresh Pineapple & Flapjack	Jammy Shortbread or Fresh Fruit	Strawberry Jelly & Fresh Fruit Selection	Chocolate Cupcake or Fresh Fruit
Теа	Scrambled Egg on Brown Toast	Humus with Pitta Bread& Cucumber & Pepper sticks.	Cream Cheese and Cucumber Sticks.	Toasted Crumpets with Marmite and Cherry Tomatoes	Tuna Mayonnaise Sandwiches & Cucumber Sticks



Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
July 2025	21 st	22 nd	23 rd	24 th	25 th
Breakfast	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit
Lunch	Jacket Potatoes and Cheese with carrot sticks	Cheese and Ham Ploughman's with mixed salad.	Vegetable Quiche with mixed salad and coleslaw,	Cheesy scrambled egg on toast with beans.	Fresh vegetable pasta salad with crusty bread.
Pudding	Strawberry yoghurt	Banana yogurt	Watermelon and Strawberries	Fresh fruit salad.	Pineapple yoghurt
Теа	Ham Sandwiches with Cucumber Sticks	Humus with Pitta Bread& Cucumber & Pepper sticks.	Cream Cheese and Cucumber Sticks.	Toasted Crumpets with Marmite and Cherry Tomatoes	Toast and spread with grated cheese and tomatoes.



Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
July 2025	28 th	29 th	30 th	31 st	1 st
Breakfast	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit
Lunch	Jacket Potatoes and Cheese with carrot sticks	Mixed Pepper Fajitas' with Mexican rice and side sald.	Cheese & Ham Ploughman's served with side salad.	Cheesy scrambled egg on toast with beans.	Fresh vegetable quiche served with salad and coleslaw.
Pudding	Strawberry yoghurt	Banana yogurt	Watermelon and Strawberries	Fresh fruit salad.	Pineapple yoghurt
Теа	Cheese Sandwiches with Cucumber Sticks	Humus with Pitta Bread& Cucumber & Pepper sticks.	Cream Cheese and Cucumber Sticks.	Toasted Crumpets with Marmite and Cherry Tomatoes	Toast and spread with grated cheese and tomatoes.