

Week 1 August 2025	Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
Breakfast	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit
Lunch	Red Pepper & Cheese Wraps served with Golden Rice.	Jacket Potato with Cheese and Beans with Side Salad.	Vegetable Quiche with Salad and Coleslaw.	Macaroni Cheese served Sweetcorn.	Cheese Ploughman's with Cherry Tomatoes and Cucumber Batons.
Pudding	Fresh Fruit Platter.	Fresh Yoghurt with Fresh Fruits of the Forest.	Melon Cocktail	Fresh Banana Yoghurt.	Seasonal Fruit Salad.
Tea	Scrambled Egg and Toast.	Humus with Pitta Bread & Cucumber & Pepper sticks.	Cream Cheese and Cucumber Sticks.	Toasted with Crumpets with Marmite and Cherry Tomatoes.	Tuna Mayonnaise Sandwiches & Cucumber Sticks

Week 2 August 2025	Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th
Breakfast	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit	Cereal & Fresh Fruit
Lunch	Cheese Ploughman's with Cherry Tomatoes and Cucumber Batons.	Chicken & Vegetable Cous Cous served with Sweetcorn.	Jacket Potato with Coleslaw, Cheese and with Side Salad.	Tuna Salad Pitta Breads served with Carrot Sticks.	Cheese and Red Pepper Fajitas served with Mexican Rice.
Pudding	Banana Custard.	Fruit Platter	Fresh Yoghurt with Pineapple.	Fresh Banana Yoghurt.	Seasonal Fruit Salad.
Tea	Beans on Toast served with Cherry Tomatoes.	Toasted Muffins with Cucumber Batons.	Cheese and Cucumber Pitta Bread.	Crackers with Cream Cheese and Cherry Tomatoes	Banana Sandwiches served with Strawberries.

Week 3 August 2025	Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd
Breakfast	Cereal & Fresh Fruit.	Cereal & Fresh Fruit.	Cereal & Fresh Fruit	Cereal & Fresh Fruit.	Cereal & Fresh Fruit.
Lunch	Jacket Potatoes with Cheese & Beans served with Side Salad.	Ham and Cheese Salad Rolls with Cherry Tomatoes and Cucumber Batons.	Vegetable Quiche served Salad and Coleslaw.	Assorted Wraps with Salad. (Cheese, Hummus and Grated Carrot	Summer Vegetable Soup with Orzo Pasta.
Pudding	Flapjack with Strawberries.	Fresh Strawberry Smoothie.	Fresh Yoghurt with Banana.	Sliced Melon and Blue Berries.	Banana Smoothie.
Tea	Scrambled Eggs on Toast.	English Muffins with Marmite served Cherry Tomatoes.	Cream Cheese with Cucumber Sticks.	Cheese and Crackers with Fresh Strawberries.	Scrambled egg on toast or Toast and Beans.

Week 4 August 2025	Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th
Breakfast	B A	Cereal & Fresh Fruit.	Cereal & Fresh fruit.	Cereal & Fresh fruit.	Cereal & Fresh fruit.
Lunch	N K	Vegetable Quiche served with Side Salad.	Assorted Wraps with Salad. (Cheese, Hummus and Grated Carrot	Chicken Pasta Salad served with Cherry Tomatoes and Crusty Bread.	Moroccan Cous Cous served with Side Salad.
Pudding	H O	Fresh Yoghurt and Pineapple.	Fruit Platter	Fruit Smoothie	Frozen Yoghurt
Tea	L	Spaghetti Hoops on Wholemeal Toast.	Cream Cheese with Cucumber Sticks.	Cheese and Crackers with Fresh Strawberries	Scrambled Egg on Toast or Toast and Beans served with Cherry Tomatoes

Week 5	Monday 28th	Tuesday 29th	Wednesday 30th	Thursday 31st	Friday 1st
Breakfast	Cereal & Fresh fruit.	Cereal & Fresh fruit.	Cereal & Fresh fruit.	Cereal & Fresh fruit.	Cereal & Fresh fruit.
Mid-Morning Snack	Toast with cream cheese.	Wholemeal toast with spread and banana.	Breadsticks and mixed vegetable sticks	Rice cakes with spread and cucumber sticks.	Muffin with cream cheese and cherry tomatoes.
Lunch	Vegetable Quiche served with side salad.	Jacket Potato with tuna mayonnaise served with side salad.	Macaroni Cheese served side salad.	Cheese and red pepper Fajitas.	Mackerel Cous Cous served with side salad.
Pudding	Sliced Melon and blueberries.	Fresh Yoghurt and Pineapple.	Fruit Platter	Fruit Smoothie	Frozen Yoghurt
Tea	Scrambled Egg on toast.	Muffin & Beans	Cream Cheese with Cucumber Sticks.	Cheese and crackers with fresh strawberries	Mini Pizza