

Little Beans

Garland



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May madness

.....join the fun!

Welcome to the May 2025 edition of our Newsletter. We have another exciting month ahead with a whole host of activities planned for the Little Beans to enjoy!

As the flowers bloom, the sun shines brighter and April showers are on the wane, there are more smiles than ever to share around as we enjoy our outdoor spaces!

The cold nip in the air still means our Little Beans need warm gear for outside at times. However, hopefully the weather will continue to improve so be mindful that we could also need sunhats and suncream soon!

We are lucky to enjoy two bank holidays in May 😊

Monday 5th May 2025 and Monday 26th May 2025

Little Beans is closed on these days.

Enjoy these long weekends spent together!



This month..... we will be learning about Nursery rhymes!

We will be clearing the cobwebs from our singing lungs and exploring our favourite nursery rhymes!

Nursery rhymes provide bite-sized learning opportunities for young children to develop key developmental skills and can often be the trigger for hours of creative and open-ended play. They are a powerful learning source in early literacy and enable children to become interested in the rhythm and patterns of language!

At Little Beans we make learning fun by using props, music or musical instruments. Introducing children to a variety of nursery rhymes can help them understand and learn about different sounds. This is an important part of developing those early literacy skills. Listening to different sounds in the environment, as well as in nursery rhymes, provides children with the foundations to help them read and write.

We spark their imagination and stimulate curiosity, helping to develop their ability to focus, their concentration, as well as their social and communication skills.

Ideas for home: read and sing nursery rhymes with your children with props and pictures, we would love to see photos and videos of families participating at home, which can be uploaded onto Tapestry!



Little Beans Celebrates! Special days in May 2025

5th – 11th May 2025: Screen Free Week: Annual event to encourage us to unplug from digital entertainment and spend all that free time playing, reading, daydreaming, creating, exploring, and connecting with family and friends! At Little Beans we will be using books and stories to fund facts, and making up our own roleplays and putting on performances for each other.

4th May 2025: World Laughter Day: (we will celebrate on Monday 5th May) The celebration of World Laughter Day is a positive manifestation for World Peace and it builds up a global consciousness of brotherhood and friendship through laughter. We will be doing all that we can to make each other laugh and smile on this day and remember the importance of being kind!

16th May 2025 REDs 4 VEDS

REDS4VEDS is a global campaign which takes place on the third Friday of May each year. The aim of the campaign is to help raise the profile of Vascular Ehlers-Danlos Syndrome (Vascular EDS), a rare life-limiting genetic disorder. We will be fundraising – please wear Red and bring a donation if you can!

18th May 2025 National Children's Day: (we will celebrate it on Monday 19th May) National Children's Day UK is all about the importance of a healthy childhood and protecting the rights and freedoms of children so that they can grow into happy, healthy adults. At Little Beans we will be talking about rights and individual liberty and exploring how we are all unique!

19th – 23rd May 2025: Walk to School Week! Little Beans will be encouraging all that can to walk to nursery this week, we will also be talking about other ways we can help our planet!

20th May 2025: World Bee Day: The purpose of World Bee Day is to raise awareness of the importance of pollinators, at Little Beans we will be exploring how we can help our bees!

21st May 2025 National Numeracy Day: At Little Beans we will be discovering how numbers are everywhere and how important they are in our lives.

23rd May 2025: World Turtle Day! The aim of World Turtle Day is to bring attention to, and increase knowledge of and respect for, turtles and tortoises, and encourage human action to help them survive and thrive.



24th May 2025: Elmer Day! A celebration of reading, of elephants and of accepting yourself and others, just like Elmer the Patchwork Elephant, star of the Elmer books by David McKee.



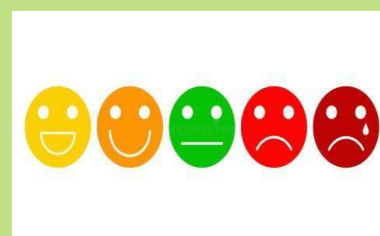
Children feel emotions differently...

-----in Early Childhood

If you've ever witnessed a temper tantrum, you know how devastated a toddler can seem over the smallest thing. But this isn't just for show—studies tell us that toddlers feel emotion in a more full-body way than adults do.

Children don't always know that emotions are temporary. They may feel trapped in a certain emotion, without the understanding that it can come and go. It might even be hard for them to articulate how they feel about a situation, making it more of a struggle for them to do anything about it.

At nursery, children learn to manage their emotions. Once they're in an environment with other children and a variety of adults, they'll have many more models of how to move and interact in the world.





Little Bean's Recipe of the Month

Tuna Fishcakes

INGREDIENTS

- 2 medium floury potatoes, peeled and quartered
- large knob of unsalted butter
- 1½ tbsp mayonnaise
- 1 unwaxed finely lemon grated zest only
- 3 spring onions thinly sliced
- 150g tin of tuna, drained
- 2 slices bread
- 1 egg, lightly beaten
- Plain flour
- sea salt and freshly ground black pepper
- 200g of Rice or Noodles

Top Tip:

To freeze the fishcakes, once shaped, wrap them individually in cling film and freeze for up to 3 months. Defrost in the fridge, then cook for an extra 5 minutes to make sure the breadcrumb coating gets crispy in the oven.

METHOD

1. Preheat the oven to 200C/180C Fan/Gas 6.
2. Put the potatoes in a saucepan, cover with cold water and bring to the boil. Reduce the heat to a simmer and cook for 15–20 minutes, or until tender.
3. Drain the potatoes and return them to the pan with the butter, mayonnaise, lemon zest, spring onions, salt and a generous amount of black pepper. Mash together until smooth. Stir in the tuna and set aside.
4. Put the bread in a food processor and pulse until it crumbs. Put the egg, flour and breadcrumbs into three separate shallow bowls.
5. Shape the tuna mixture into six fishcakes. Coat each first in flour, then in egg, then in breadcrumbs. (You can use one hand for the flour and breadcrumbs and another for the egg, to keep your fingers clean.)
6. Place on a baking tray and bake for 15 minutes, or until the breadcrumbs are just golden. Serve

TERM DATES FOR TERM TIME ONLY (TTO) CHILDREN:

Summer term

Easter Holidays – Monday 7th April 2025 – Friday 18th April 2025

Term 1 – Monday 21st April 2025 – Friday 23rd May 2025

Half term – Monday 26th May 2025 – Friday 30th May 2025

Term 2 – Monday 2nd June 2025 – Friday 18th July 2025

Summer Holidays – Monday 21st July 2025 – Friday 29th August 2025

Autumn Term

Term 1 – Monday 1st September 2025 – Friday 24th October 2025

Half term – Monday 27th October 2025 – Friday 31st October 2025

Term 2 – Monday 3rd November 2025 – Friday 12th December 2025

TERM DATES FOR ALL YEAR ROUND (AYR) CHILDREN:

Academic year 2024/2025

Monday 2nd Sept 2024 – Friday 29th Aug 2025

Summer Term

31st March 2025 – 29th August 2025

(22 weeks)

Academic year 2025/2026

Monday 1st Sept 2025 -Friday 28th Aug 2026

Autumn term 1st September 2025 – Friday

19th December 2025 (16 weeks)

Spring Term 22nd December 2025 - January

2026 – 28th March 2026 (13 weeks)

Summer Term 31st March 2026 – 29th

August 2026 (22 weeks)

Bank Holidays (nursery closed)

Monday 5th May 2025

Monday 26th May 2025

Monday 25th August 2025

Thursday 25th December 2025

Friday 26th December 2025

Closed for Christmas! 😊

Wednesday 24th December 2025 – Tuesday

31st December 2025 inclusive

and Monday 1st January 2026 (Bank

holiday closed)

Re-open on the Friday 2nd January 2026



Housekeeping!

New faces at Little Beans

We are excited to welcome two new apprentices to our team both joining the pre-school room.

Kaylee



We would like to give a warm welcome to Kaylee who is joining our amazing preschool room. Kaylee is very excited to start her career in childcare and looks forward to bringing her joy to your Little Beans!

"I am looking forward to meeting all the children and getting to know their personalities."

Freya



We would also like to welcome Freya who will be joining our preschool room. Freya will be completing her Level 2 and is very excited to be working with us at Little Beans!

"I'm bubbly, energetic, and truly excited to be able to work with your Little Beans as I continue to grow in my childcare career."

Reminders

Please can you ensure you label your children's sun hats and suncream too 😊

Facebook and Instagram

Stay connected with us by visiting our Facebook and Instagram pages!

Be sure to give us a 'like' and 'follow' to stay updated on important dates, reminders, and to see regular photos of what your Little Beans have been up to. Don't forget, you can also leave us a review!

Facebook: <https://www.facebook.com/littlebeansgarland/>
Instagram: Search for 'Little Beans Day Care'

Little Beans Website

For more information, visit our website where we regularly update newsletters, menus, and important dates. Check it out at: www.littlebeansdaycare.com

