

Little Beans

Garland



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This month We are learning about.....

---- ‘PEOPLE WHO HELP US!’

Our theme in October at Little Beans is ‘People who help us’. The Big Beans will be using a collection of our wonderful resources to enhance learning opportunities which will support the Little Beans understanding of ‘People who help us’, this will be implemented by, games, activities, stories, role play, adult modelling as well as displays and posters.

We will be looking at all different people involved in our community and how they help and support us! If you have any pictures of your Little Beans with people from our community, we would love for you to upload them to tapestry, to help extend the little beans learning opportunity during circle times.



At home, you could show your Little Bean where the phone is and teaching them the 3 important numbers to call in an emergency 999! You could also teach them important details such as the name of the road you live on and your door number! These key pieces of information could save lives in an emergency! We use and role model this through our role play which supports all ages and stages of development within early years.

We will be looking at all the different services around us from the bin collectors to the people who water the flowers in the local parks. We will also be supporting the children to recognise who in our community support us when we are unwell for example the amazing: doctors, nurses, dentists, police any many more.

If you have a job role within the community, please feel free to email in and arrange a visit into our nursery, for example we would love to hear from police, dentists, doctors, fire people and anyone else who works within the community!

Self Independence

----- SELF DETERMINATION AND GIVING IT A GO

For children in the Early Years, these are their first steps in their journey of self-independence. Children need to build confidence in their own abilities to enable strong stepping stones and foundations to grow from. Children grow day-by-day in their self-independence and eventually have the ability to become independent in later life through the ages and stages. Confidence develops when children are given the chance to try new things in a safe, secure and encouraging environment, with plenty of positive feedback and role modelling to achieve their outcomes, next steps and meet their milestones and build resilience in their setbacks.

At Little Beans we do so many things to promote independence, such as scraping their plates, pouring their own drinks, laying the table, freedom of choice, giving it a go, making healthy choices, trying to put their own shoes and coats on and off, this looks very different through the rooms and age groups.

Here are some ways you can support your Little Bean in developing their independence:

Time: Slow down. When children are doing things, count slowly in your head to 10 before you intervene

Use singular word, short sentences: so they hear what they need to do

Choosing and dressing themselves: Children love the chance to pick their own clothes and get dressed on their own

Making breakfast or lunch: This could include simple tasks like pouring milk or spreading butter on toast.

Brushing their teeth: Teaching them to prepare their toothbrush, apply toothpaste, look at themselves in the mirror whilst brushing every tooth, and clean up afterwards promotes both independence and dental hygiene.

Setting or clearing the table: Involve them in family meals to build independence and show the importance of contribution, team work and collaboration. Encourage children to help lay the table and also scrape their plates when finished.



Big School places - 2025!

----- REMINDER

For children born between 1 September 2020 and 31 August 2021, parents need to apply now for a school place for September 2025. The closing date for applications for reception places is 15th January 2025.

Outcomes of school applications are on 16 April 2025 for those that apply on time.

Information on the application process can be found here:

<https://www.bcpccouncil.gov.uk/documents/schools-and-learning/Parents-Guide-to-Starting-Infant-First-or-Primary-School.pdf>

Please ask any of the Little Beans staff for any further information or advice about applying for school places for your child!



Little Beans Celebrates!

Events in October 2024

1st to 31st October - The Big Draw Festival Month This is a month-long festival of drawing activities which supports all ages and stages of development. We will be providing numerous mark making activities which will enhance those fine motor skills.

4th to 10th October - Space Week! We will be exploring the world around ours, looking at the solar system and even creating our very own Little Beans planet! We will enhance this through our role play too.

Friday 4th October - World Smile Day This day was created by Harvey Ball who was the creator of the smiley! We will be thinking about all the things which put a smile on our face and understanding how this links to our emotions, for example when we are happy we smile! We love bringing smiles to you and your Little Beans. Please feel free to post on Tapestry examples of toys, activities, pet, food etc which make your Little Beans smile.

Thursday 3rd October - National Poetry Day A day for celebrating the wonderful words of poetry which bring people together. We will be exploring our favourite nursery rhymes and having a go at creating our own rhymes, exploring words which rhyme together and sound similar.

Sunday 6th October Grandparents Day To special not to celebrate – we will celebrate on Monday 7th October! The UK's celebration of all grandparents! We will be celebrating by making personalised artwork to show our appreciation!

Saturday 20th October - World Singing Day. We will be singing all day Friday 19th October to prepare our Little Beans for this day! We are very excited to break out the microphones and to create our Little Beans music show, using musical instruments, puppets, and many more exciting props!

Tuesday 29th October - National Cat Day! A day to celebrate our feline friends! We will be learning about cats and exploring the differences for example, colours, shapes, sizes, and habitats too. If you have cats or any pets at home, please upload photos to Tapestry for us to share.

Thursday 31st October - Halloween! We will be dressing up, creating our own Little Bean's magic potions, carving pumpkins and decorating delicious Halloween sweet treats! We cannot wait to see every Little Bean's favourite Halloween costume.

Did you know.....



It takes 2 months before an infant recognises their hands as their own!

The brain develops most rapidly before birth and during the first two years of life. Good health, good nutrition and nurturing are especially important during this time.

Eighty per cent of human brain's structure takes shape between the ages of 0-3 and the 90 percent of the human brain's structure takes shape until the age of 5.

(UNICEF – 28th November 2015 – 10 facts about early childhood development you need to know)



Little Bean's Recipe of the Month

Sausage, mash and minted peas

INGREDIENTS

- Desired amount of sausages
- Desired amount of potatoes
- 100g peas
- 40g lemon juice
- 80ml vinegar
- 100ml boiling water
- 40g sugar
- 1 packet of fresh mint

Top Tip:

This goes well with lamb, also try mixing the mint sauce in with the gravy depending how strong you like the taste.

METHOD

1. Place the sausages in the oven to cook on gas mark 6 for 25 minutes.
2. Whilst they are cooking chop the potatoes and place in a pot to boil. (peeling them is optional)
3. Place the peas in a different pot to boil.
4. During the time they are boiling finely chop the mint and put in a jug, add the lemon juice, water, vinegar and sugar and mix well.
5. Drain the peas and add the minted mixture to them and leave on the hob for 5 minutes to simmer.
6. When serving use a slotted spoon so the excess water drains of the peas.
7. Once the potatoes are cooked, drain and mash with some butter and milk.
8. Take the sausages from the oven when cooked and serve alongside the mash and peas!

-----Enjoy!

TERM DATES FOR TERM TIME ONLY (TTO) CHILDREN:

Autumn Term

Term 1 – Monday 2nd September 2024 – Friday 25th October 2024

Half term – Monday 28th October 2024 – Friday 1st November 2024

Term 2 – Monday 4th November 2024 – Friday 13th December 2024

Spring term

Term 1 - Monday 6th January 2025 – Friday 14th February 2025

Half term – Monday 17th February 2025 – Friday 21st February 2025

Term 2 – Monday 24th February 2025 – Friday 4th April 2025

Summer term

Easter Holidays – Monday 7th April 2025 – Friday 18th April 2025

Term 1 – Monday 21st April 2025 – Friday 23rd May 2025

Half term – Monday 26th May 2025 – Friday 30th May 2025

Term 2 – Monday 2nd June 2025 – Friday 18th July 2025

Summer Holidays – Monday 21st July 2025 – Friday 29th August 2025

TERM DATES FOR ALL YEAR ROUND (AYR) CHILDREN:

Academic year

Monday 2nd September 2024 – Friday 29th August 2025

Autumn term

2nd September 2024 – 24th December 2024

Spring Term

1st January 2025 – 28th March 2025 (13 weeks)

Summer Term

31st March 2025 – 29th August 2025 (22 weeks)

Closed for Christmas

Wednesday 25th December 2024 – Wednesday 1st January 2025 (Inclusive)

Bank Holidays (nursery closed)

Monday 26th August 2024

Wednesday 25th December 2024

Thursday 26th December 2024

Wednesday 1st January 2025

Friday 18th April 2025

Monday 21st April 2025

Monday 5th May 2025

Monday 26th May 2025

Monday 25th August 2025

Thursday 25th December 2025

Friday 26th December 2025



Little Beans Garland – September 2024

Housekeeping!

Welcome!



A warm welcome to our new apprentice, Lucia, as she joins the Little Beans Garland team! Lucia is working in the preschool room and bringing a great energy to the team. We are excited to support her development as an apprentice and to watch her flourish at Little Beans.



We also welcome Rebecca to the Team. She is working in the 2's Room and is a level 3 childcare practitioner. Rebecca brings with her a calm and nurturing presence. We are delighted to have her on the team and to see her further develop her career with us.

We bid farewell to Natasha Maple and wish her all the very best for her future. She will be dearly missed by all the Little Beans and Big Beans, and we wish her well. Chiara will be joining our Little Beans Team and taking over as room leader for the 2's room leader. Chiara will have a handover with Natasha, and we are very excited to have her join us!

HALF TERM DATES – reminder!
Monday 28th October 2024 – Friday 1st November 2024

Reminders

Please don't forget to label all your children's items that they bring in to Little Beans. Please also remember to provide sufficient nappies, wipes and cream for your child.

Facebook and Instagram

Stay connected with us by visiting our Facebook and Instagram pages!

Be sure to give us a 'like' and 'follow' to stay updated on important dates, reminders, and to see regular photos of what your Little Beans have been up to. Don't forget, you can also leave us a review!

Facebook: <https://www.facebook.com/littlebeansgarland/>
Instagram: Search for 'Little Beans Day Care'

Little Beans Website

For more information, visit our website where we regularly update newsletters, menus, and important dates. Check it out at: www.littlebeansdaycare.com

