

Little Beans

Garland



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aMAyZing!

Welcome to the May 2024 edition of our Newsletter. We have another exciting month ahead with a whole host of activities planned for the Little Beans to enjoy!

As the flowers bloom, the sun shines brighter and April showers are on the wane, there are more smiles than ever to share around as we enjoy our outdoor spaces! The cold nip in the air still means our Little Beans need warm gear for outside. However, hopefully the weather will continue to improve so be mindful that we could also need sunhats and sunscreen soon!

We are lucky to enjoy two bank holidays in May – Monday 6th May 2024 and Monday 27th May 2024 – Little Beans is closed on these days. Enjoy these long weekends together!



This month.....

We will be learning about.....
Nursery Rhymes!

We will be clearing the cobwebs from our singing lungs and exploring our favourite nursery rhymes!

Nursery rhymes provide bite-sized learning opportunities for young children to develop key developmental skills and can often be the trigger for hours of creative and open-ended play. They are a powerful learning source in early literacy and enable children to become interested in the rhythm and patterns of language!

At Little Beans we make learning fun by using props, music or musical instruments! Introducing children to a variety of nursery rhymes can help them understand and learn about different sounds. This is an important part of developing those early literacy skills. Listening to different sounds in the environment, as well as in nursery rhymes, provides children with the foundations to help them read and write.

We spark their imagination and stimulate curiosity, helping to develop their ability to focus, their concentration, as well as their social and communication skills.

Ideas for home: read and sing nursery rhymes with your children with props and pictures, we would love to see photos and videos of families participating at home, which can be uploaded onto Tapestry!



What is going on?!

Special events in May 2024

6th – 12th May 2024: Screen Free Week:

Annual event to encourage us to unplug from digital entertainment and spend all that free time playing, reading, daydreaming, creating, exploring, and connecting with family and friends! At Little Beans we will be using books and stories to fund facts, and making up our own roleplays and putting on performances for each other!

3rd May 2024: World Laughter Day: The celebration of World Laughter Day is a positive manifestation for World Peace and it builds up a global consciousness of brotherhood and friendship through laughter. We will be doing all that we can to make each other laugh and smile on this day and remember the importance of being kind!

12th May 2024 (Celebrated on the 13th due to falling on a weekend) National Children's Day: National Children's Day UK is all about the importance of a healthy childhood and protecting the rights and freedoms of children so that they can grow into happy, healthy adults. At Little Beans we will be talking about rights and individual liberty and exploring how we are all unique!

20th - 24th May 2024: Walk to School Week! Little Beans will be encouraging all that can to walk to nursery this week, we will also be talking about other ways we can help our planet!

17th May 2024 National Numeracy Day: At Little Beans we will be discovering how numbers are everywhere and how important they are in our lives!

17th May 2024 REDs 4 VEDS

REDS4VEDS is a global campaign which takes place on the third Friday of May each year. The aim of the campaign is to help raise the profile of Vascular Ehlers-Danlos Syndrome (Vascular EDS), a rare life-limiting genetic disorder. We will be fundraising – please wear Red and bring a donation if you can!

20th May 2024: World Bee Day: The purpose of World Bee Day is to raise awareness of the importance of pollinators, at Little Beans we will be exploring how we can help our bees!

23rd May 2024: World Turtle Day! The aim of World Turtle Day is to bring attention to, and increase knowledge of and respect for, turtles and tortoises, and encourage human action to help them survive and thrive.

27th of May: Elmer Day! (we will celebrate on 28th May due to falling on a bank holiday). A celebration of reading, of elephants and of accepting yourself and others, just like Elmer the Patchwork Elephant, star of the Elmer books by David McKee.

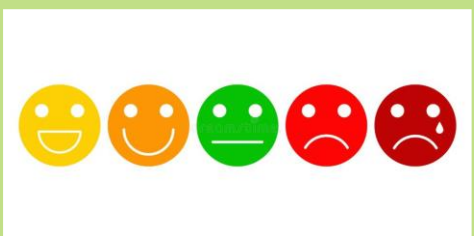


Children Feel Emotions Differently!

If you've ever witnessed a temper tantrum, you know how devastated a toddler can seem over the smallest thing. But this isn't just for show—studies tell us that toddlers feel emotion in a more full-body way than adults do.

Children don't always know that emotions are temporary. They may feel trapped in a certain emotion, without the understanding that it can come and go. It might even be hard for them to articulate how they feel about a situation, making it more of a struggle for them to do anything about it.

At nursery, children learn to manage their emotions. Once they're in an environment with other children and a variety of adults, they'll have many more models of how to move and interact in the world.





Little Bean's Recipe of the Month

Ratatouille Risotto

INGREDIENTS

- 400g risotto rice
- 1 tbsp butter
- 1 courgette - finely chopped or grated
- 1 pepper - finely chopped or grated
- 1 aubergine (small) - finely chopped or grated
- 1 onion - finely chopped or grated
- 1 carton of tomato passata
- 1 tin chopped tomato
- 1 tbsp ground garlic
- 1 vegetable stock cube
- 200ml Boiling water



METHOD

1. Simmer the rice with the butter for several minutes in a pot, stirring often to prevent sticking.
2. Add the stock cube to the boiling water, then add to the rice and mix well.
3. Once the rice has absorbed the water, add chopped tomato.
4. Once the rice has absorbed the tomato water, add tomato passata.
5. Cook for several minutes, then add the vegetables and ground garlic.
6. Continue simmering and adding boiling water in small quantities, allowing the rice to absorb the water before adding more water, until the rice is at the desired consistency and cooked.

TERM DATES FOR TERM TIME ONLY (TTO) CHILDREN:

SPRING TERM

Term 1 - Monday 8th January 2024 – Friday 9th February 2024

Half term – Monday 12th February 2024 – Friday 16th February 2024

Term 2 – Monday 19th February 2024 – Friday 29th March 2024

Easter Holidays – Monday 1st April 2024 – Friday 12th April 2024

SUMMER TERM

Term 1 – Monday 15th April 2024 – Friday 24th May 2024

Half term – Monday 27th May 2024 – Friday 31st May 2024

Term 2 – Monday 3rd June 2024 – Friday 19th July 2024

TERM DATES FOR ALL YEAR ROUND (AYR) CHILDREN:

Academic year - Monday 4th September 2023 – Friday 30th August 2024

Autumn term - 4th September 2023 – 23rd December 2023 (16 weeks)

Spring term - 1st January - 29th March 2024

Summer term 1st April - 30th August 2024
Summer Holidays – Monday 22nd July 2024 – Friday 30th August 2024

Bank Holidays (nursery closed)

Monday 1st January 2024

Friday 29th March 2024

Monday 1st April 2024

Monday 6th May 2024

Monday 27th May 2024

Monday 26th August 2024

Wednesday 25th December 2024

Thursday 26th December 2024





Little Beans Garland – May 2024

Notices and housekeeping

Some changes to the Little Beans Team

We say a very fond farewell to our Manager Amy who has led our Little Beans Garland team for over 4 years now. Amy is going on to new challenges within the early years childcare sector and we wish her the best of luck in her new role but we will all miss her!

A warm welcome to Roshni Raval who steps in as our new Manager. Roshni has a wealth of experience having worked in childcare for over 10 years. She has been working with Amy behind the scenes for the last few weeks and is really looking forward to meeting and working with you and your children. Roshni says,



“
My door will always be open for all families so please feel free to come book a meeting with me, email me, or call me if you ever need any support or would just like a chat.”

We also welcome two other new members to the Little Beans Team:

- Amelia has joined us as an apprentice Little Beans Teacher working in the baby room alongside Chanelle, Maria and Rosie; and
- Illana will be working part time in the office to keep us ahead of the curve!

Facebook and Instagram

Please check out our Facebook and Instagram page, give us a 'like' and 'follow' to keep updated with dates and reminders. We also add photos regularly of what your Little Beans have been up to.

You can also leave reviews!

<https://www.facebook.com/littlebeansgarland/>

Search on Instagram under 'Little Beans Day Care'

Little Beans Website

Our website also has lots of useful information which we up-date each month. We put all newsletters, menus, and dates for the diary on it.

You can check the website to keep updated with what's going on www.littlebeansdaycare.com

