

Rolling Hot 2 Course Lunch Menu: Spring



Week One



Monday: Three bean chilli served with rice

Dessert: Apricot jam tart

Tuesday: Shepherd's pie served with peas

Dessert: Banana muffin

Wednesday: Ham and leek carbonara served with garlic bread

Dessert: Ginger and cranberry biscuit

Thursday: Fish and mediterranean vegetable casserole served with homemade wedges

Dessert: Chocolate orange cobbler

Friday: Chicken dinner with vegetables, roast potatoes, stuffing and Yorkshire puddings

Dessert: Lemon drizzle cake

Week Two

Monday: Turkey and vegetable tagine served with couscous

Dessert: Carrot cookie

Tuesday: Spring vegetable soup served with orzo pasta

Dessert: Mixed berry muffin

Wednesday: Gammon dinner served with vegetables, roast potatoes, stuffing and Yorkshire puddings

Dessert: Cherry flapjack

Thursday: Honey chicken served with vegetables and rice

Dessert: Chocolate and parsnip cake

Friday: Sardines and mixed vegetable pasta in tomato sauce

Dessert: Melon medley



Week Three

Monday: Leek and cauliflower cheese bake served with homemade wedges

Dessert: Lemon drizzle cake

Tuesday: Chicken dinner served with vegetables, roast potatoes, stuffing and Yorkshire puddings

Dessert: Ginger and cranberry biscuit

Wednesday: Beef and vegetable bolognese served with pasta

Dessert: Chocolate orange brownie

Thursday: Breaded fish served with curried rice and vegetables

Dessert: Banana cake

Friday: Sausage and vegetable bake served with mashed potato

Dessert: Blackberry jam tart

Week Four

Monday: Fish and dauphinoise potatoes served with vegetables

Dessert: Mixed berry muffin

Tuesday: Savoury beef mince served with rice

Dessert: Chocolate and Parsnip cake

Wednesday: Three bean chilli served with couscous

Dessert: Cherry flapjack

Thursday: Gammon dinner served with vegetables, roast potatoes, stuffing and Yorkshire puddings

Dessert: Melon medley

Friday: Chicken, tomato and vegetable pasta bake

Dessert: Carrot cookie



Rolling 2 Course Tea Menu: Spring term



Week One

Monday: Houmous and oat cakes served with peppers

pudding: Apples

Tuesday: Chicken and crackers served with cucumber and carrots

pudding: Oranges

Wednesday: Cream cheese bagels served with beetroot

pudding: Banana

Thursday: Ham wraps served with carrots

pudding: Pear

Friday: Tuna and sweetcorn mayonnaise pasta

pudding: Plum

Week Two

Monday: Tuna pittas served with carrots

pudding: Plum

Tuesday: Corned beef sandwiches served with tomatoes

pudding: Apple

Wednesday: Chicken with bread sticks, salad and dip

pudding: Oranges

Thursday: Carrot, cucumber, pepper, and mayonnaise pasta

pudding: Banana

Friday: Jacket potato with beans

pudding: Pear



Week Three

Monday: Pate on toast served with cucumber

pudding: Pears

Tuesday: Spaghetti in a tomato sauce on toast

pudding: Plum

Wednesday: Tuna, sweetcorn, and mayonnaise wraps

pudding: Apples

Thursday: Cream cheese sandwich served with tomatoes

pudding: Oranges

Friday: Chicken and crumpets served with carrots

pudding: Banana



Week Four

Monday: Ham sandwiches served with carrots

pudding: Banana

Tuesday: Tuna and mayonnaise flatbreads served with tomatoes

pudding: Pears

Wednesday: Chicken served with breadsticks, cucumber and carrot sticks and dip

pudding: Plum

Thursday: Buttered crumpets with peppers and cucumber

pudding: Apples

Friday: Cheese wraps served with beetroot

pudding: Oranges



