

# Little Beans

Garland



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## This month

### We are learning about.....

---- ‘COUNTRIES!’

Our theme in November at Little Beans is ‘Countries’.

This month the Little Beans will be taking part in activities where we will be learning about different countries, religions, festivals, and traditions from around the world. We will be embracing language, costume, religions, the world cup, travel, festivals, food, and how to care for our world – the list is endless!

We will be celebrating our diverse culture and community and recognising similarities and differences in traditions across the world.

We are asking if any of our parents, carers and families can help us with any resources or perhaps come in for a talk with the children to teach us about different countries or cultures which you may be an expert in!



### Brain building

Have fun, develop skills

----- LOOK! SING! PLAY!

Whether it’s bath time, bedtime or you’re washing up, playing with your child, using silly voices, or even singing can build their brain right from birth. It’s a great way to have fun while making your bond even stronger!

**Look:**  
Brain-building all starts with taking a cue from your little one. Look to see what they find interesting or funny, copy and react to what they do. You could think of it like a game of tennis – going back and forth between the two of you.

**Sing:**  
You don’t need to be a karaoke champion to pull this one off. Try using familiar tunes and changing the words to describe things you’re doing. It might take some getting used to, but give it a go and find your groove.

**Say:**  
Talking to your child, or copying when they babble, is an easy way to build their brain throughout the day. Even talking about simple actions as you do them is a great place to start. Try adding silly voices and use expressions to bring your words to life!

**Play:**  
You don’t even need toys for this brain-building skill. Try playing peekaboo, mess about with bubble bath, or even turn sorting laundry into a game! Over time, you can add playful moments throughout the day!







# Little Beans Celebrates!

## Events in November 2023

**3<sup>rd</sup> November - World Jellyfish Day!**  
A day dedicated to the beautiful marine animal- jellyfish. At Little Beans we will be exploring lots of different craft and messy activities as well as looking at mathematics too. How many tentacles does a jellyfish have?

**5<sup>th</sup> November - Guy Fawkes Night!**  
When the British celebrate the Gunpowder Plot conspirator's failure to blow up the Houses of Parliament. We will be looking at the story and celebrating firework night by making some creative pictures in the week leading up to Guy Fawkes!

**6<sup>th</sup> November - National Saxophone Day!**  
Celebrated annually on the birthday of Belgian instrument maker, Adolphe Sax who was the inventor of the saxophone. At Little Beans we will be celebrating all things musical and seeing if we can make some of our own instruments!

**12<sup>th</sup> November - Remembrance Day!**  
The day when we remember those members of the armed forces who gave their lives in conflict. We will be making poppies to wear and observe a minute's silence to show our respect and thankfulness in the week leading up to remembrance Sunday.

**13th November - World Kindness Day!**  
A day to celebrate and promote kindness in all it's forms. We will be talking

about all things that are kind and thinking of ideas about how we can do kind acts for others.

**19<sup>th</sup> to 25<sup>th</sup> November - Road Safety Week!**  
A week where communities to take action on road safety and to promote life-saving messages. We will be talking about how to stay safe when out and about in the community.

**20<sup>th</sup> November - Universal Children's Day!**  
United Nations Universal Children's Day was established to promote international togetherness, awareness among children worldwide, and improving children's welfare. We will be looking at similarities and differences between our communities and communities around the world.

**21<sup>st</sup> November - World Hello Day!**  
This day is about demonstrating the importance of personal communication for preserving peace. Try saying hello to ten people today!

**23<sup>rd</sup> November - Thanksgiving!**  
US national holiday which is a celebration of the successful harvest and other blessings of the past year.

**30th—St Andrews Day!**  
Celebration of the patron saint of Scotland, St. Andrew. We will be looking at Scottish flags and learning some fun facts about Scotland!

## Parent's Evening!

----- WEDNESDAY 8<sup>TH</sup>  
NOVEMBER 2023

**Parents evening**  
We are pleased to offer you all a date for your diaries for a parents evening with your child's key worker!

Please contact us via email, tapestry or on the door to book in a ten-minute slot to discuss your child's learning, development and progress.



## Children In Need - Friday 17th November 2023

Of course, we love a fancy dress day, and it is always a good excuse to try and raise some money for those in need! This year, we have decided to have an animal fancy dress day! Please encourage your children to dress as their favourite animals. We just ask that you donate £1 (or more should you wish) for them to take part.







# Little Bean’s Recipe of the Month

## Chicken & Vegetable Korma with rice

----- INGREDIENTS

- 700g chicken breast
- 1 tin coconut milk
- 1 tbsp turmeric
- 1 tbsp grounded coriander
- 1 tbsp garlic powder
- 1.5 tbsp garam masala
- 250ml boiling water
- 500g mixed vegetables
- 100g flour
- 100g corn flour
- 300g rice

**Top Tip:**

Don’t forget to serve with poppadom’s or naan bread.

----- METHOD

1. Boil the chicken and vegetables in water for around 1 hour.
  2. Once boiled drain the water and chop the chicken into small mouth sized pieces.
  3. Add the water, spices and coconut milk and mix well.
  4. Simmer on the hob four around 20 mins.
  5. Whilst this is simmering boil the rice in a different pan.
  6. Mix together the flour and cornflour and slowly add into the mix until reached desired thickness.
  7. Add more spices in if you like your curry spicy!
- Enjoy!

**TERM DATES FOR TERM TIME ONLY (TTO) CHILDREN:**

**AUTUMN TERM**

Term 1 – Monday 4<sup>th</sup> September 2023 – Friday 20<sup>th</sup> October 2023  
**Half term** – Monday 23<sup>rd</sup> October 2023 – Friday 27<sup>th</sup> October 2023  
Term 2 – Monday 30<sup>th</sup> October 2023 – Friday 15<sup>th</sup> December 2023

**SPRING TERM**

Term 1 - Monday 8<sup>th</sup> January 2024 – Friday 9<sup>th</sup> February 2024  
**Half term** – Monday 12<sup>th</sup> February 2024 – Friday 16<sup>th</sup> February 2024  
Term 2 – Monday 19<sup>th</sup> February 2024 – Friday 29<sup>th</sup> March 2024  
**Easter Holidays** – Monday 1<sup>st</sup> April 2024 – Friday 12<sup>th</sup> April 2024

**SUMMER TERM**

Term 1 – Monday 15<sup>th</sup> April 2024 – Friday 24<sup>th</sup> May 2024  
**Half term** – Monday 27<sup>th</sup> May 2024 – Friday 31<sup>st</sup> May 2024  
Term 2 – Monday 3<sup>rd</sup> June 2024 – Friday 19<sup>th</sup> July 2024

**TERM DATES FOR ALL YEAR ROUND (AYR) CHILDREN:**

**Academic year** - Monday 4<sup>th</sup> September 2023 – Friday 30<sup>th</sup> August 2024

**Autumn term** - 4<sup>th</sup> September 2023 – 23<sup>rd</sup> December 2023 (16 weeks)

**Spring term** - 1<sup>st</sup> January - 29<sup>th</sup> March 2024

**Summer term** 1<sup>st</sup> April - 30<sup>th</sup> August 2024  
**Summer Holidays** – Monday 22<sup>nd</sup> July 2024 – Friday 30<sup>th</sup> August 2024

**Bank Holidays (nursery closed)**

Monday 25<sup>th</sup> December 2023  
Tuesday 26<sup>th</sup> December 2023  
Monday 1<sup>st</sup> January 2024  
Monday 29<sup>th</sup> March 2024

**Xmas Closure Dates for your Diary (nursery closed)**

25<sup>th</sup> December 2023 to 1<sup>st</sup> January 2024.  
Little Beans reopens on 2<sup>nd</sup> January 2024 for AYR children.  
TTO children return on 8<sup>th</sup> January 2024







Little Beans Garland – October 2023

## We always love to hear your Feedback!

Check out ‘Our Parent’s Views!’ on the home page of our website.

If you have any questions or concerns, then please speak to a member of the Little Beans Garland Team who will be happy to help you.

Thank you!



### Facebook and Instagram

Please check out our Facebook and Instagram page, give us a ‘like’ and ‘follow’ to keep updated with dates and reminders. We also add photos regularly of what your Little Beans have been up to.

You can also leave reviews!

<https://www.facebook.com/littlebeansgarland/>

Search on Instagram under ‘Little Beans Day Care’

### Little Beans Website

Our website also has lots of useful information which we up-date each month. We put all newsletters, menus, and dates for the diary on it.

You can check the website to keep updated with what’s going on [www.littlebeansdaycare.com](http://www.littlebeansdaycare.com)

