

Rolling Hot 2 Course Lunch Menu: Autumn term



Week One

- Monday:** Seasonal vegetable soup with orzo pasta
Dessert: Chocolate and apple biscuit
- Tuesday:** Sausage roast served with vegetables, potatoes, and stuffing
Dessert: Angel delight with banana
- Wednesday:** Beef lasagne served with garlic bread
Dessert: Melon Medley
- Thursday:** Chicken and vegetable curry served with rice.
Dessert: Mixed berry sponge
- Friday:** Breaded fish with homemade wedges and beans
Dessert: Fruit yoghurt

Week Two

- Monday:** Sardine and vegetables with pasta
Dessert: Fruit yoghurt
- Tuesday:** Cheesy zucchini risotto
Dessert: Pineapple cake
- Wednesday:** Roast gammon served with potatoes, vegetables, and stuffing.
Dessert: Strawberry jam tart
- Thursday:** BBQ chicken served with sweetcorn, green beans, and couscous
Dessert: Cranberry oat bar
- Friday:** Sausage and mashed potatoes with peas
Dessert: Melon Medley



Week Three

- Monday:** Sweet and sour chicken with vegetables and rice
Dessert: Melon medley
- Tuesday:** Fishcakes served with homemade wedges and vegetables
Dessert: Mixed berry sponge
- Wednesday:** Tomato and vegetable pasta bake
Dessert: Angel delight with banana
- Thursday:** Chicken roast served with vegetables, roast potatoes, and stuffing.
Dessert: Fruit yoghurt
- Friday:** Beef and vegetable pie served with mashed potatoes.
Dessert: Chocolate and apple biscuit

Week Four

- Monday:** Sausage Casserole with mashed potatoes and mixed vegetables
Dessert: Apple oat bar
- Tuesday:** Turkey bolognaise served with pasta.
Dessert: Strawberry jam tart
- Wednesday:** Cauliflower tikka masala served with rice.
Dessert: Yoghurt and fruit
- Thursday:** Fish and Dauphinoise potatoes
Dessert: Melon Medley
- Friday:** Roast gammon served with potatoes, vegetables, and stuffing.
Dessert: Upside-down pineapple cake

Rolling 2 Course Tea Menu: Autumn term



Week One

Monday: Ham served with pasta, mayonnaise and sweetcorn

pudding: Kiwi

Tuesday: Cream cheese and cucumber wraps

pudding: Plum

Wednesday: Chicken sandwiches served with tomatoes

pudding: Oranges

Thursday: Tuna and sweetcorn pittas

pudding: Pear

Friday: Cheese and crackers served with peppers

pudding: apricots

Week Two

Monday: Buttered crumpets served with cucumber

pudding: Apricots

Tuesday: Tuna rolls served with peppers

pudding: Kiwi

Wednesday: Croissants with chicken and carrot sticks

pudding: Plum

Thursday: Pizza muffins served with sweetcorn and cucumber

pudding: Oranges

Friday: Spaghetti in tomato sauce served with a slice of toast

pudding: pears



Week Three

Monday: Jacket potato served with beans and cucumber.

pudding: Pears

Tuesday: Crisp breads and houmous served with tomatoes

pudding: Apricots

Wednesday: Bread sticks served with ham carrot sticks and dip.

pudding: Kiwi

Thursday: Buttered crumpets served with beetroot

pudding: Plum

Friday: Chicken sandwiches served with carrots

pudding: Oranges

Week Four

Monday: Tuna mayonnaise sandwich served with tomatoes.

pudding: Oranges

Tuesday: Houmous and crackers served with tomatoes

pudding: Pears

Wednesday: Corned beef sandwiches served with carrots

pudding: Apricots

Thursday: Cream cheese bagels served with

pudding: Kiwi

Friday: Pizza muffins served with pineapple and cucumber

pudding: Plum