

Rolling Hot 2 Course Lunch Menu: Jan-April

2023



Week One

Monday: Bacon and leek carbonara served with garlic bread

Dessert: Blackberry jam tart

Tuesday: Shepherd's pie served with peas and mashed potato

Dessert: Bananas and custard

Wednesday: Sardines and mixed vegetables in tomato sauce served with rice

Dessert: Ginger and cranberry biscuit

Thursday: Broccoli and tomato quiche served with beans and new potatoes

Dessert: Fruit salad

Friday: Chicken dinner with vegetables, roast potatoes, stuffing and yorkshire puddings

Dessert: Lemon drizzle cake

Week Two

Monday: Spinach and chicken pie served with mashed potato and puff pastry

Dessert: Carrot cookie

Tuesday: Spring vegetable soup served with orzo pasta

Dessert: Mixed berry muffin

Wednesday: Gammon dinner served with vegetables, roast potatoes, stuffing and yorkshire puddings

Dessert: Yogurt and fruit

Thursday: Turkey and vegetable tagine served with couscous

Dessert: Parsnip cake

Friday: Fish and Mediterranean vegetable casserole served with homemade wedges

Dessert: Melon medley

Week Three

Monday: Leek and cauliflower cheese bake served with homemade wedges

Dessert: Lemon drizzle cake

Tuesday: Chicken dinner served with vegetables, roast potatoes, stuffing and Yorkshire puddings

Dessert: Ginger and cranberry biscuit

Wednesday: Beef bolognese served with pasta

Dessert: Rice pudding

Thursday: Breaded fish served with curried rice and vegetables

Dessert: Blackberry jam tart

Friday: Gammon and vegetables in parsley sauce served with boiled potatoes

Dessert: Bananas and custard

Week Four

Monday: Fish and dauphinoise potatoes served with vegetables

Dessert: Mixed berry muffin

Tuesday: Toad in the hole served with vegetables and mashed potato

Dessert: Parsnip cake

Wednesday: Three bean casserole served with couscous

Dessert: Yogurt fruit

Thursday: Gammon dinner served with vegetables, roast potatoes, stuffing and yorkshire puddings

Dessert: Melon medley

Friday: Chicken, tomato, and asparagus pasta bake

Dessert: Carrot cookie

Rolling 2 Course Tea Menu: Jan- April 2023



Week One

Monday: Houmous and oat cakes served with peppers

pudding: Apples

Tuesday: Chicken, cheese and crackers served with cucumber

pudding: Oranges

Wednesday: Cream cheese bagels served with beetroot

pudding: Kiwi

Thursday: Ham and pineapple pizza muffins

pudding: Pear

Friday: Tuna and sweetcorn mayonnaise pasta

pudding: Plum

Week Two

Monday: Tuna pittas served with carrots

pudding: Plum

Tuesday: Corned beef sandwiches served with tomatoes

pudding: Apples

Wednesday: Chicken with bread sticks, salad and dip

pudding: Oranges

Thursday: Jacket potato with beans and cheese

pudding: Kiwi

Friday: Ham, pepper, and mayonnaise pasta

pudding: Pear

Week Three

Monday: Pate on toast served with cucumber

pudding: Pears

Tuesday: Spaghetti in a tomato sauce on toast

pudding: Plum

Wednesday: Tuna, sweetcorn, and mayonnaise pasta

pudding: Apples

Thursday: Chicken croissants served with carrots

pudding: Oranges

Friday: Pepper pizza muffins

pudding: Kiwi

Week Four

Monday: Ham sandwiches served with carrots

pudding: Kiwi

Tuesday: Tuna and mayonnaise flatbreads served with tomatoes

pudding: Pears

Wednesday: Chicken served with breadsticks, cucumber and carrot sticks and dip

pudding: Plum

Thursday: Buttered crumpets with peppers and cucumber

pudding: Apples

Friday: Cheese wraps served with sugar snap peas

pudding: Oranges