

November 2022 Newsletter



This month the Little beans will be learning about: Countries!

This month the Little Beans will be taking part in activities where we will be learning about different countries, religions, festivals, and traditions from around the world.



We will be embracing language, costume, religions, the world cup, travel, festivals, food, and how to care for our world – the list is endless! We will be celebrating our diverse culture and community and recognising similarities and differences in traditions across the world.

We are asking if any of our parents, carers and families can help us with any resources or perhaps to come in for a talk with the children to teach us about different countries or cultures which you may be an expert in!



Christmas photos

We are very excited to be offering some professional Christmas photos with 'creative clicks photography' on:

Sunday 6th November 2022.



If you would like to come and make the most of this fantastic opportunity to get some professional photos of your child, please let us know via email, phone or tapestry and we can get you booked in with a time slot.

Siblings are welcome to have photos too.

Slots starting at 10am.

Children in need

This year we will be supporting the amazing charity: Children in need.

This will take place on

Friday 18th November 2022.






We would love to be able to support this fabulous charity and hope that you will help us to do so.



Please send your child dressed in their favourite fancy dress costume for the day to help celebrate with us.

We would like to suggest a donation of £1 please.

Little Beans Celebrations Events & Special Days in November 2022

- **3rd— World Jellyfish Day!** A day dedicated to the beautiful marine animal— jellyfish. At Little Beans we will be exploring lots of different craft and messy activities as well as looking at mathematics too. How many tentacles does a jellyfish have? 
- **5th—Guy Fawkes Night!** When the British celebrate the Gunpowder Plot conspirators failure to blow up the Houses of Parliament. We will be looking at the story and celebrating firework night by making some creative pictures! 
- **6th—National Saxophone Day!** Celebrated annually on the birthday of Belgian instrument maker, Adolphe Sax who was the inventor of the saxophone. At Little Beans we will be celebrating all things musical and seeing if we can make some of our own instruments!
- **11th—Remembrance Day!** The day when we remember those members of the armed forces who gave their lives in conflict. We will be making poppies to wear and observe a minutes silence to show our respect and thankfulness. 
- **7th-11th— Number Confidence Week!** Numbers are such a huge part of our learning, counting is all around us, in everything we do. Here at Little Beans we will be focusing on the counting, number recognition and all things shape, space and measure.
- **13th—World Kindness Day!** A day to celebrate and promote kindness in all it's forms. We will be talking about all things that are kind and thinking of ideas about how we can do kind acts for others.
- **14th—20th—Road Safety Week!** A week where communities to take action on road safety and to promote life-saving messages. We will be talking about how to stay safe when out and about in the community.
- **20th—Universal Children's Day!** United Nations Universal Children's Day was established to promote international togetherness, awareness among children worldwide, and improving children's welfare. We will be looking at similarities and differences between our communities and communities around the world.
- **21st—World Hello Day!** This day is about demonstrating the importance of personal communication for preserving peace. Try saying hello to ten people today!
- **21st Nov— 18th Dec—FIFA world cup!** The world cup is held every four years, the 22nd World cup will be held in Qatar. We will be supporting this by playing with footballs in the garden, running round obstacles and seeing who can score the most goals! But also linking this in with this month's theme 'countries'.
- **24th—Thanksgiving!** US national holiday which is a celebration of the successful harvest and other blessings of the past year. 
- **30th—St Andrews Day!** Celebration of the patron saint of Scotland, St. Andrew. We will be looking at Scottish flags and learning some fun facts about Scotland! 

Parents evening

We are pleased to offer you all a date for your diaries for a parents evening with your child's key worker!

Tuesday 15th November 2022

Please contact us via email, tapestry or on the door to book in a ten minute slot to discuss your child's learning, development and progress.

Don't forget
Parents'
Evening!

Welcome Laura

We are delighted to introduce you to our newest team member, Laura!

Laura will be our deputy manager and will be based in our preschool room! Laura has worked in childcare for the last ten years and has a BA (Hons) degree in early childhood education . Laura is looking forward to this new role, getting involved in Little Beans and helping children to learn, grow and develop to their full potential.



Open day

We would like to say a massive **thank you** to everyone who popped in to see us on Saturday 15th for our open day. **Thank you** so much for your generous contributions towards MacMillan cancer research charity. We raised a fantastic

£142.82

Little Beans Lunches & Teas

Check out the Autumn menu displayed outside of nursery. Our delicious hot lunches are freshly made every day by our own on-site nursery cook Laura. Getting a balanced meal at lunchtime is so important for concentration and means you do not have to worry about what to put in your child's lunchbox!



Ingredients

- ◆ 700g chicken breast
- ◆ 1 tin coconut milk
- ◆ 1 tbsp turmeric
- ◆ 1 tbsp grounded coriander
- ◆ 1 tbsp garlic powder
- ◆ 1.5 tbsp garam masala
- ◆ 250ml boiling water
- ◆ 500g mixed vegetables
 - ◆ 100g flour
 - ◆ 100g corn flour
 - ◆ 300g rice

Recipe of the Month:

Vegetable Korma with Rice

Method

1. Boil the chicken and vegetables in water for around 1 hour.
2. Once boiled drain the water and chop the chicken into small mouth size pieces
3. Add the water, spices and coconut milk and mix well.
4. Simmer on the hob four around 20 mins
5. Whilst this is simmering boil the rice on a different pan.
6. Mix together the flour and cornflour and slowly add into the mix until reached desired thickness
7. Add more spices in you like your curry spicy



Top Tip

Try adding some meat to your curry to add even more flavour and texture
& don't forget to add poppadom's or naan bread.

Look! Sing! Say! Play!

Whether it's bath time, bedtime or you're washing up, playing with your child, using silly voices, or even singing can build their brain right from birth. It's a great way to have fun while making your bond even stronger!

Look:



Brain-building all starts with taking a cue from your little one. Look to see what they find interesting or funny, copy and react to what they do. You could think of it like a game of tennis – going back and forth between the two of you.

Sing:



You don't need to be a karaoke champion to pull this one off. Try using familiar tunes and changing the words to describe things you're doing. It might take some getting used to, but give it a go and find your groove.

Say:

Talking to your child, or copying when they babble, is an easy way to build their brain throughout the day. Even talking about simple actions as you do them is a great place to start. Try adding silly voices and use expressions to bring your words to life!

Play:



You don't even need toys for this brain-building skill. Try playing peekaboo, mess about with bubble bath, or even turn sorting laundry into a game! Over time, you can add playful moments throughout the day!



If you have any questions or concerns, then please speak to a member of the Little Beans Team who will be happy to help.

Many thanks

The Little Beans team

Little Beans Day Care (Garland) Limited, incorporated and registered in England and Wales with company number 9537346. Regulated by OFSTED under registration number – EY492436.

Dates for this next academic year:

Autumn Term 1 - Monday 5th September 2022– Friday 21st October 2022

HALF TERM – Monday 24th October 2022– Friday 28th October 2022

Autumn Term 2 – Monday 31st October 2022– Friday 16th December 2022

Spring Term 1 - Monday 9th January 2023 – Friday 10th February 2023

HALF TERM – Monday 13th February – Friday 17th February 2023

Spring Term 2 – Monday 20th Feb 2023 – Friday 31st March 2023

EASTER HOLIDAY – Monday 3rd April 2023– Friday 14th April 2023

Summer Term 1 – Monday 17th April 2023 – Friday 26th May 2023

HALF TERM - Monday 29th May 2023 – Friday 2nd June 2023

Summer Term 2– Monday 5th June 2023– Friday 21st July 2023

All year round children: Finish on 1st September 2023.



Bank Holidays and Dates for your Diary

Monday 26th December 2022 – Friday 30th December 2022 Inclusive—Closed for Christmas Holiday

Monday 2nd January 2023 -New Years substitute bank holiday

Friday 7th April 2023—Good Friday

Monday 10th April 2023—Easter Monday

Monday 1st May 2023—Early May Holiday

Friday 29th May 2023– Late May Holiday

Monday 28th August 2023—Summer Bank Holiday