

July 2022 Newsletter



This month your Little Bean will be learning about: Big School!



Children who are leaving for school will be learning all about school readiness and practicing their skills. Not only does school readiness involve physical skills such as dressing themselves and attending to own hygiene practices, but emotions play a huge role too! We will be doing

lots of talking about school to try to ensure as smooth a transition as possible and discuss any emotions your Little Bean has around moving to big school – excitement or nervousness!

It is essential to be working on all sorts of gross motor skills as this will help to develop fine motor skills – do some crawling, or teddy bear rolls! These movements get both sides of our brain working together which is imperative in developing much finer skills such as drawing and writing!



Those children who are not yet going to school will be working on their independence such as putting



shoes on and off themselves and doing lots of mark making! These are the crucial building blocks for school readiness! We will also be working on developing children's

awareness of transitions and changes, lots of children will be moving rooms soon and we want them to feel as confident as they can!

Why is imaginary play so important?

Imaginary play for your children provides a wealth of benefits and learning opportunities!



Imaginary play allows children to explore and make sense of emotions, ideas and scenarios! By roleplaying or acting out an experience, children can explore how they might react to something or feel about something!

But what is imaginary play? Simply, it's role play.

It's acting out various tasks and plots. It's expressing positive and negative feelings, discovering choices, and experiencing the outcome of multiple decisions in a safe, controlled environment. Imaginative play is pretend play.

Saving the princess, slaying the dragon, and camping under the living room stars are all age-old examples.

Play increases the bond between a parent and child, creating a safe, stable, and nurturing relationship. The cognitive, social, emotional, and language development that occurs builds a strong foundation for stress management and social-emotional resilience.



Little Beans Celebrations Events & Special Days in July 2022

- ◆ 1st of July—Canada Day! At Little Beans we will be exploring lots of things associated with Canada such as the amazing landscape where you can find lots of different animals, native trees and culture!



- ◆ 4th of July—American Independence Day! At Little Beans we will be learning all about what the word 'Independent' means, as well as learning all about America! We will be looking at their country and looking for similarities and differences with where we live!

- ◆ 7th of July—Chocolate Day! A day to celebrate all things chocolate! At Little Beans we will be exploring how chocolate is made, and learning about balanced diets!



- ◆ 14th of July—French Independence Day! Also known as Bastille Day, this date is the celebration of the French independence! We will be learning about France and trying some of their delicious foods!



- ◆ 15th of July—St Swithuns Day! According to legend, if it rains on this day then it will continue for 40 days and 40 nights! We will be exploring weather, and what impact lots of rain may have on our environment, as well as what impact a lack of rain would have!

- ◆ 28th of July—8th of August—Commonwealth Games Begin! The Commonwealth Games is an international multi-sport event involving athletes from the Commonwealth of Nations. In 2022 it will be held in Birmingham UK.



- ◆ 29th of July—Tiger Day! An annual celebration to raise awareness for the plight of tigers and the urgent need for tiger conservation. We will be learning about Tigers, their habitats and how important it is for us to try to protect and preserve them!



Summer Fun!

Please may you ensure your Little Bean has suncream on before they arrive for their session, as well as a bottle in their bag to top them up throughout the day! If you would like to leave your child's suncream here, please just let a member of staff know!



We are also asking for every child to have a named sunhat with them each session, we love spending time outdoors and will be talking lots about sun safety!

We will also be engaging in water play so please can you pack changes of clothes, or swimming shorts etc for us to play in the water in!

Little Beans Before and After School Club!

Little Beans offer before and after school clubs for our Little Beans who have grown up and gone to school!

Little Beans provide breakfast and drop off to Longfleet school every morning, and collection with a light tea after school each day!

Before School Club £5

After School Club £10

Please speak to a member of the office team for more information and to get your child booked in!



Recipe of the Month:

Vegetable Soup and Orzo Pasta

Ingredients:

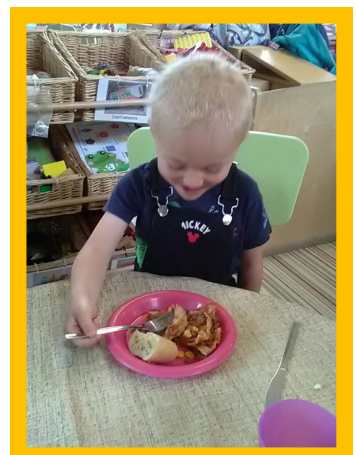
500g Orzo pasta
150g celery
200g mixed vegetables
150g potatoes
1 tin chopped tomatoes
1 carton tomato passata
1 small onion
1 cabbage
200ml cold water
2 vegetable stock cubes
50g Corn flour
50g Plain flour
50ml Cold water

Top Tip

If you have lots left over then you could add the mix to ready made puff pastry and make into pasties or a pie!

Method:

1. Finely chop the onion, celery cabbage and place in some water to boil along with the mixed vegetables.
2. Chop the potatoes into bite size chunks and place in a pot to boil.
3. Once the potatoes and vegetables are cooked add them into the same pot and add the stock cubes and water and simmer for 20 mins
4. Whilst that is simmering put the orzo pasta into a small pot and boil for 20 mins
5. Add the pasta to the vegetables and potato mix.
6. In a separate bowl mix together cold water, corn flour and plain flour to make a paste. Add this to the soup until it reaches desired thickness!
7. Enjoy!



Term Dates for Term Time Only Children

Autumn Term

Term 1 - Monday 5th September 2022 – Friday 22nd October 2022

Half term – Monday 24th October 2022 – Friday 28th October 2022

Term 2 – Monday 31st October 2022 – Friday 16th December 2022

Spring term

Term 1 - Monday 9th January 2023 – Friday 10th February 2023

Half term – Monday 13th February 2023 – Friday 17th February 2023

Term 2 – Monday 20th February 2023 – Friday 31st March 2023

Summer term

Easter Holidays – Monday 3rd April 2023 – Friday 14th April 2023

Term 1 – Monday 17th April 2023 – Friday 26th May 2023

Half term – Monday 29th May 2023 – Friday 2nd June 2023

Term 2 – Monday 5th June 2023 – Friday 21st July 2023

Summer Holidays – Monday 24th July 2023 – Friday 1st September 2023



If you have any questions or concerns, then please speak to a member of the Little Beans Team who will be happy to help.

Many thanks

The Little Beans team

Little Beans Day Care (Garland) Limited, incorporated and registered in England and Wales with company number 9537346. Regulated by OFSTED under registration number – EY492436.

Term dates – All year round (AYR) children:

Academic year -Monday 5th September 2022 – Friday 1st September 2023

Autumn term 5th September 2022 – 23rd December 2022 (16 weeks)

Spring Term 2nd January 2023 – 31st March 2023 (13 weeks)

Summer Term 3rd April 2023 – 1st September 2023 (22 weeks)

Closed for Christmas – Monday 26th December 2022 – Friday 30th December 2022 Inclusive

Bank Holidays and Dates for your Diary

Monday 29th August 2022

Monday 26th December 2022

Tuesday 27th December 2022

Monday 2nd January 2023

Friday 7th April 2023

Monday 10th April 2023

Monday 1st May 2023

Monday 29th May 2023

Monday 28th August 2023

Facebook and Instagram

Please check out our Facebook and Instagram page, give us a 'like' and 'follow' to keep updated with dates and reminders. We also add photos regularly of what your Little Beans have been up to.

Please also leave reviews! <https://www.facebook.com/littlebeansgarland> search on Instagram; Little Beans.

Website

Our website has lots of useful information that is updated each month. We put all newsletters, menus, and dates for the diary on it. Please regularly check the website to keep updated with what's going on www.littlebeansdaycare.com

