

## June 2022 Newsletter



### This month your Little Bean will be learning about: Space and Planets!

By learning about space and planets your Little Bean will nurture their appreciation of the world we live in and discover what they can do to continue to preserve and respect our natural resources!



Learning about space is about venturing into the unknown, promoting creative thinking, 'what if' scenarios and expanding curious minds.

It provides opportunities for experimentation, to explain why some things occur and to talk about how and why things change, by learning to make observations.

We will be seeking to answer questions such as which is the biggest planet, and is the moon really made of cheese?



Your Little Bean will be exploring the world of non-fiction as discovering where and how they can access resources to teach us facts about our world. We will be using books, videos and the internet to find out the names of our planets and fun facts about the planets such as how Saturn has over 60 moons!

We will be discovering how space and planets are important to us, from giving us day time and night time to how Jupiter filters the solar system of comets!



### What to put in your Little Beans' bag?

- Spare clothing especially socks! If possible, we would greatly appreciate clothing being named
- Waterproof coat and trousers/all in one suit and a pair of wellington boots!— unfortunately the weather is so unpredictable and as you know, we love to still go out in all weathers to explore how our environment changes with rain/sun as well as having a good play outside!
- Sun hat and sun cream—summer is finally on it's way and your Little Bean needs their own named sun hat and a bottle of named sun cream which the team will apply regularly!



- Water bottle (2's and Preschool) - A named water bottle filled with fresh water for the children to access throughout the day. We do also provide cups and jugs of water, however the bottles are fab to take outside with us!

- Wipes and Nappies—if necessary.



## Little Beans Celebrations Events & Special Days in June 2022!

- 2nd to 3rd June: A two day bank holiday in the UK to celebrate the Queen's Platinum Jubilee. Your Little Bean will be making crowns and talking all about if we were in the royal family—what would we do?
- 6th to 12th of June: Child Safety Week! This week we will be exploring how we can manage our own risks, and what it means to 'be safe'. We will be looking at all aspects of safety such from roads to in the home and talking to the Little Beans about what to do if they feel unsafe.



- 8th of June: World Ocean Day! Event organised by The Ocean Project to raise awareness of the oceans and the living creatures that make their home there. The Little Beans will be exploring all things under the sea and looking at not only who lives there but how we can help the animals who live there!

- 19th of June: Fathers Day! The Little Beans will be making cards for those special male figures in our lives and talking all about kindness and appreciating those we love!

- 21st of June: Make Music Day! Celebrates music in all its forms and the impact it's had on the world and the human spirit. The Little Beans will be using instruments as well as everyday objects to make sounds and music, as well as singing lots of songs! We will be exploring words like volume, beat, tempo and lots more which describe music to us!

- 21st of June: Official beginning of Summer! The Little Beans will be talking all about the seasons, and more importantly how to stay safe and well in the sunshine!

- 23rd of June: National Writing Day! A day to put pen to paper and unleash imagination and creativity! The Little Beans will be doing lots of mark making, and exploring words in their written form!



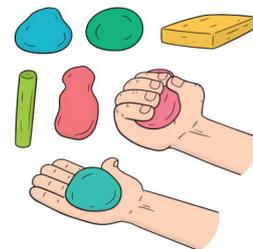
## Essential tips and tricks for handwriting success!

Handwriting is an incredibly complex skill. Before children can hold a pencil, they need to be able to sit up and move their arm independently of their body. They need to be able to isolate their fingers to hold their pencil.

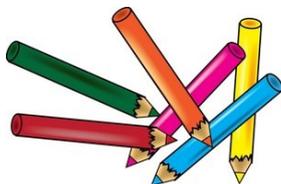
Before a child can hold their pencil effectively, they need to be able to sit up. Sitting requires adequate postural control. Postural control is our ability to keep our bodies stable when we are stationary and when we move. It is essential for us to be able to use our arms, hands and fingers with good control.



Imagine a building. In order for it to stand up, there needs to be strong foundations underneath. Without strong foundations a building would fall over. Our foundation is postural control. Postural control starts developing from the moment a child is born. Initially, babies have no postural control. Even their heads need to be held and supported. Over time a baby can hold their head up and then push up on their arms and roll over. Tummy time helps to develop these skills and helps with shoulder stability.



In order to hold their pencil with their fingers children first need to be able to isolate their fingers from their palm. Initially, when they hold a pencil, a child will grasp their entire hand around it. This is because they have not developed the hand control to isolate their fingers from their palm. As they have more experience with fine motor activities, children establish more control over their fingers. This is what allows them to hold their pencil with their fingers and eventually develop a dynamic pencil grasp. Playdough and messy play are great tools to help develop these skills as well as singing finger songs like "Two Little Dickie Birds".



Handwriting is a complex activity. Pre-writing skills or 'mark making' skills are the things a child needs to be able to do before they are ready to write. This includes being able to colour and trace inside lines, and to draw certain shapes. Shapes such as vertical and horizontal lines and circles form the foundation of most letters.

Recipe of the Month:

## Pizza Muffins

### Ingredients:

Pack of 6 savoury muffins.

1 tin of chopped tomatoes

1 tbsp tomato puree

100g cheese

1 pepper

1 tin of sweetcorn

1 pineapple

1 packet of ham

1 packet of mushrooms

1 packet of cherry tomatoes chopped.

Non-stick baking tray



1. Pre heat the oven on 180 degrees, gas mark 4

2. Cut the savoury muffins into half.

3. Pour the tin tomatoes into a bowl and mix in the tomato puree. Use a fork to break up the big chunks of chopped tomatoes.

4. Use a spoon to place some of the tomato mix onto each half of the muffin and spread around to cover the base.

5. Grate the cheese and sprinkle on top of the tomato mixture.

6. Once you have done this is time to add your toppings, cut up your choice of toppings into small pieces and place them onto your muffin. If your feeling creative, you could make the toppings into a patten or a face!

7. Place on the baking tray and cook in the oven for 20 mins until the cheese is

### Top Tip

If you have any toppings left then you could make them into skewers and cook in the oven or on a barbecue for a delicious snack!



### Term Dates for Term Time Only Children

**Spring Term 2** – Monday 28th Feb 2022 – Friday 1st April

**2022 EASTER HOLIDAY** – Monday 11th April 2022 – Friday 22nd April 2022 (All Year Round children to attend only)

**Summer Term 1** – Monday 4th April 2022 – Friday 27th May 2022

**HALF TERM** - Monday 30th May 2022 – Friday 3rd June 2022 (All Year Round children to attend only)

**Summer Term 2**—Monday 6th June 2022 --Friday 22nd July 2022.

**Summer Holidays**— Monday 25th July - Friday 2nd September 2022

**SOMETHINGNEW**  
THE PARENTING MAGAZINE FOR DORSET FAMILIES



There will be a new magazine every term with something new and interesting! There are lots of vouchers, tips, and interesting articles for parents. Copies are kept in the reception area! Get your free

### Bank Holidays and Dates for your Diary

Friday 15th April 2022—Good Friday

Monday 18th April 2022—Easter Monday

Monday 2nd May 2022—Early May Holiday

Thursday 2nd June 2022—Spring Holiday

Friday 3rd June 2022—Platinum Jubilee Holiday

Monday 29th August 2022—Summer Bank Holiday

### Uniform

Little Beans have gorgeous, embroidered uniform that is available to purchase. Our uniform has many positive benefits, first and foremost it helps your child feel like they belong – they recognise the logo, and they associate it with a place that they feel safe, happy and secure. Uniform also helps to prepare your child for school and also means that your lovely clothes stay clean! We have a range of uniform items from hats to polo tops to jumpers! Ask a member of the team if you would like to place an order or look at what uniform we have available!



If you have any questions or concerns, then please speak to a member of the Little Beans Team who will be happy to help.

Many thanks

The Little Beans team

Little Beans Day Care (Garland) Limited, incorporated and registered in England and Wales with company number 9537346. Regulated by OFSTED under registration number – EY492436.

### Facebook and Instagram

Please check out our Facebook and Instagram page, give us a 'like' and 'follow' to keep updated with dates and reminders. We also add photos regularly of what your Little Beans have been up to.

Please also leave reviews! <https://www.facebook.com/littlebeansgarland> search on Instagram; Little Beans.

### Website

Our website has lots of useful information that is updated each month. We put all newsletters, menus, and dates for the diary on it. Please regularly check the website to keep updated with what's going on [www.littlebeansdaycare.com](http://www.littlebeansdaycare.com)

