



**This month the Little beans will be learning about:**

**Festivals, faiths and religions!**

We will be engaging in lots of activities where we will learn all about the different cultures and festivals around the world.



Did you know that the 25th of December is also considered to be the birthday of Hindu god, Krishna as well as Mithra the Greek god of light!



We will be exploring how to build a snowman, and how to perfectly decorate a Christmas tree!

The Little Beans will be making lots of Christmas and festival themed crafts, including cards and decorations! If you would like your child's Christmas craft to be addressed to someone in particular, then please let a member of the team know!

**Nurture your Little Bean into a Book Worm**

Snuggle up and read with your Little Bean everyday!  
Have a special place to keep your books!

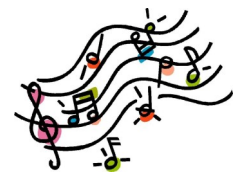
Take your Little Bean to the local library and explore the different types of books available to borrow!



Act out the story with your Little Bean! Take on characters, different voices and humour to bring the story to life!

Talk about reading from left to right and encourage your Little Bean to trace the words with their fingers!

Make mistakes in familiar songs and stories... and let your Little Bean catch you out!



Point out and talk about all the words in the world around us such as the name of the shop you are in or the labels on foods!

Encourage your Little Bean to make picture books with you and describe their own stories!



Examine interesting words in books and talk about their meanings, see if your Little Bean can learn the meaning of a new word each time you read together!

## Little Beans Celebrations Events & Special Days in December 2021!

**28th (Nov)—6th(Dec)—Hanukkah!** Also known as the Festival of Lights or the Feast of Dedication, the holiday celebrates the rededication of the Holy Temple in Jerusalem. The holiday takes place for eight nights and days, commemorating the rededication of the Holy Temple.

### **4th—International Cheetah Day!**

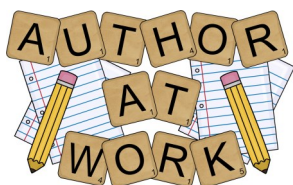
The world's fastest land animal is racing against extinction. This day is about raising awareness of the cheetah's imminent extinction and we will be making all sorts of



fabulous cheetah themed crafts and trying to recreate their amazing patterns as well as releasing our inner cheetahs in some races!

**10th—Christmas Jumper Day!** An event organised by Save the Children to help raise money for children worldwide.

**16th—Jane Austen Day!** Jane Austen's birthday, and a day dedicated to celebrating her life and achievements, and to telling as many people as possible about her amazing works. We will be celebrating by reading and writing our own books and stories to channel our inner author!



**21st—Robin Day!** An annual nationwide event raising awareness of small birds and other wildlife in winter. We will be exploring how we can help them through this tough and chilly time of year!



**21st—Winter officially begins!** The shortest day of the year marks the start of winter and we will be exploring seasons, and what the signs of winter are! We will be experimenting with ice and snow, as well as making lots of winter themed arts and crafts!

**24th—Christmas Eve!** We will be talking about Christmas and how thankful we are to be spending it with our families, and talking about the presents we have shared with each other and our loved ones!



## Christmas Party Days at Little Beans

We will be holding a Christmas Party on Monday 20th December all day! The day will be filled with games, party food and lots more festive fun! Please get in touch with the office team if you would like to book your child in for this session if it is not their usual day! We can't wait to see you all there!



### Christmas Performance

The 2's room and Preschool room have been working very hard to learn lots of festive songs which they are excited to perform for you on 21st December at 2pm at Longfleet Primary School.



### Baby Room Christmas Morning

In the absence of a nativity, the baby room team would like to invite all their baby beans and parents and carers in for a fun-filled festive morning on Wednesday 8th December between 9:30 and 10:30am! Please let a member of the team know your RSVP!



### Little Beans Lunches & Teas

Our delicious hot lunches are freshly made every day by our own on-site nursery cook. Getting a balanced meal at lunchtime is so important for concentration and means you do not have to worry about what to put in your child's lunchbox!



**Yum!**

Recipe of the Month:

### **Moroccan Spiced Couscous**

#### Ingredients:

- 400g Couscous
- 500ml Boiling water
- 100g Sultanas
- 1 Pepper - cubed
- 1 Courgette - cubed
- 2 Carrots - cubed
- 1 Red onion - sliced
- 1 Tin of black beans - drained
- 1 Carton tomato passata
- 2 tbsp Moroccan seasoning
- 1 tbsp oil

#### Method:

1. Put the oil in a glass or ceramic tray and add the pepper, courgette, carrot and onions.
2. Roast for 15 minutes.
3. In a pot, add the water, black beans, passata and sultanas and simmer for 5 minutes.
4. Add the couscous to the water and mix well.
5. Add the Moroccan seasoning and mix well.
6. Remove from the heat and cover with tinfoil and a lid.
7. Leave to stand for 10 minutes.
8. Mix the couscous well and add in the roasted vegetables.



#### Top tip

Couscous is a type of pasta that tastes great hot or cold and can be found in most supermarkets. It works well with chicken, cheese and dried fruit!

### Uniform

Little Beans have gorgeous, embroidered uniform that is available to purchase. Our uniform has many positive benefits, first and foremost it helps your child feel like they belong – they recognise the logo, and they associate it with a place that they feel safe, happy and secure. Uniform also helps to prepare your child for school and also means that your lovely clothes stay clean! We have a range of uniform items from hats to polo tops to jumpers! Ask a member of the team if you would like to place an order or look at what uniform we have available!



If you have any questions or concerns, then please speak to a member of the Little Beans Team who will be happy to help.

Many thanks

The Little Beans team

Little Beans Day Care (Garland) Limited,  
incorporated and registered in England and  
Wales with company number 9537346.  
Regulated by OFSTED under registration number  
– EY492436.

### Christmas Jumper Day 2021

#### Friday 10th December

Little Beans will be wearing their jazziest jumpers on Friday the 10th of December and making lots of jumper themed craft!

We look forward to seeing you all in your jumpers and outfits!



### Bank Holidays and Dates for your Diary

Monday 27th December 2021 – Friday 31st December 2021 Inclusive—Closed for Christmas Holiday

Monday 3rd January 2022—New Years substitute bank holiday

Friday 15th April 2022—Good Friday

Monday 18th April 2022—Easter Monday

Monday 2nd May 2022—Early May Holiday

Thursday 2nd June 2022—Spring Holiday

Friday 3rd June 2022—Platinum Jubilee Holiday

Monday 29th August 2022—Summer Bank Holiday

### Term Dates

**Autumn Term 2** – Monday 1st November 2021 – Friday 17th December 2021

**Spring Term 1** - Monday 10th January 2022 – Friday 18th February 2022

**HALF TERM** – Monday February 21st – Friday 25th February 2022 (All Year Round children to attend only)

**Spring Term 2** – Monday 28th Feb 2022 – Friday 1st April

**2022 EASTER HOLIDAY** – Monday 11th April 2022 – Friday 22nd April 2022 (All Year Round children to attend only)

**Summer Term 1** – Monday 4th April 2022 – Friday 27th May 2022

**HALF TERM** - Monday 30th May 2022 – Friday 3rd June 2022 (All Year Round children to attend only)

**Summer Term 2**—Monday 6th June 2022 -- Friday 22nd July 2022.

**Summer Holidays**— Monday 25th July - Friday 2nd September 2022