

# Rolling Hot 2 Course Lunch Menu – April 2021



## Week One

**Monday:** Chicken and pea risotto

**Dessert:** Yogurt

**Tuesday:** Minced beef and vegetable puff pastry pie

**Dessert:** Raspberry cobbler

**Wednesday:** Breaded fish with coconut, sweetcorn and turmeric rice

**Dessert:** Apricot flapjack

**Thursday:** Sausage and broccoli pasta

**Dessert:** Chocolate and pear cake

**Friday:** Mixed vegetable and noodle stirfry

**Dessert:** Peppermint shortbread

## Week Two

**Monday:** Turkey bolognese with spaghetti

**Dessert:** Sunflower seed oat bar

**Tuesday:** Fish and pea risotto

**Dessert:** Yogurt

**Wednesday:** Gammon with potato, vegetables, yorkshire pudding and gravy

**Dessert:** Chocolate and banana cake

**Thursday:** Curried vegetable and lentil puff pastry pie

**Dessert:** Coconut flapjack

**Friday:** Beef and cheese pasta

**Dessert:** Courgette sponge

## Week Three

**Monday:** Mixed bean chilli with jacket potato

**Dessert:** Yogurt

**Tuesday:** Chicken with potato, vegetables, yorkshire pudding and gravy

**Dessert:** Raspberry cobbler

**Wednesday:** Turkey curry with rice

**Dessert:** Apricot flapjack

**Thursday:** Fish and vegetable noodle stirfry

**Dessert:** Chocolate and pear cake

**Friday:** Mediterranean vegetable and bean puff pastry pie

**Dessert:** Peppermint shortbread

## Week Four

**Monday:** Sweet potato curry and rice

**Dessert:** Sunflower seed oat bar

**Tuesday:** Sausage and vegetable pasta

**Dessert:** Yogurt

**Wednesday:** Lentil cottage pie

**Dessert:** Chocolate and banana cake

**Thursday:** Cheese and tuna pasta

**Dessert:** Coconut flapjack

**Friday:** Chicken with potato, vegetables, yorkshire pudding and gravy

**Dessert:** Courgette sponge

# Rolling 2 Course Tea Menu – April 2021



## Week One

- Monday:** Houmous and grated carrot sandwich with tomato  
     **pudding:** Apple
- Tuesday:** Jacket potato with cheese and beans  
     **pudding:** Banana
- Wednesday:** Chicken wrap with carrot  
     **pudding:** Apple
- Thursday:** Tuna mayonnaise sandwich with tomato  
     **pudding:** Banana
- Friday:** Ham wrap with carrot  
     **pudding:** Apple

## Week Two

- Monday:** Chicken wrap with cucumber  
     **pudding:** Pear
- Tuesday:** Houmous and grated carrot sandwich with pepper  
     **pudding:** Plum
- Wednesday:** Tuna mayonnaise pasta salad with sweetcorn and and cucumber  
     **pudding:** Pear
- Thursday:** Ham wrap with pepper  
     **pudding:** Plum
- Friday:** Jacket potato with mexican style beans  
     **pudding:** Pear

## Week Three

- Monday:** Ham sandwich with carrot  
     **pudding:** Banana
- Tuesday:** Tuna mayonnaise pasta salad with cucumber and sweetcorn  
     **pudding:** Apple
- Wednesday:** Cheese wrap with tomato  
     **pudding:** Banana
- Thursday:** Breadsticks with ham and carrot  
     **pudding:** Apple
- Friday:** Chicken sandwich with tomato  
     **pudding:** Banana

## Week Four

- Monday:** Tuna mayonnaise wrap with pepper  
     **pudding:** Plum
- Tuesday:** Chicken sandwich with cucumber  
     **pudding:** Pear
- Wednesday:** Crumpets with chicken and pepper  
     **pudding:** Plum
- Thursday:** Jacket potato with mexican style beans  
     **pudding:** Pear
- Friday:** Pitta with houmous and cucumber  
     **pudding:** Plum