

# Rolling 2 Course Tea Menu – Sept 2020



## Week One

**Monday:** Houmous and spinach sandwiches with carrot

**Pudding:** Apple

**Tuesday:** Jacket potato with cheese and beans

**Pudding:** Banana

**Wednesday:** Chicken wraps with carrot

**Pudding:** Apple

**Thursday:** Ham sandwiches with cucumber

**Pudding:** Banana

**Friday:** Tuna mayonnaise muffins with carrot

**Pudding:** Apple

## Week Two

**Monday:** Chicken wraps with tomato

**Pudding:** Pear

**Tuesday:** Ham sandwiches with pepper

**Pudding:** Plum

**Wednesday:** Jacket potato with cheese and beans

**Pudding:** Pear

**Thursday:** Tuna mayonnaise wraps with pepper

**Pudding:** Plum

**Friday:** Cream cheese crumpets with tomato

**Pudding:** Pear

## Week Three

**Monday:** Ham crumpets with cucumber

**Pudding:** Banana

**Tuesday:** Chicken sandwiches with carrot

**Pudding:** Apple

**Wednesday:** Tuna mayonnaise wraps with cucumber

**Pudding:** Banana

**Thursday:** Jacket potato with cheese and beans

**Pudding:** Apple

**Friday:** Houmous and carrot sandwiches with cucumber

**Pudding:** Banana

## Week Four

**Monday:** Tuna mayonnaise wraps with pepper

**Pudding:** Plum

**Tuesday:** Cream cheese crumpets with tomato

**Pudding:** Pear

**Wednesday:** Houmous and carrot sandwiches with pepper

**Pudding:** Plum

**Thursday:** Chicken muffins with tomato

**Pudding:** Pear

**Friday:** Ham bagels with pepper

**Pudding:** Plum