



Little Beans Day Care (Garland) Ltd
59 Garland Road, Poole, BH15 2LD

www.littlebeansdaycare.com

Email: thehub@littlebeansdaycare.com

Accounts Email: littlebeansrunnerbean@outlook.com

Tel: 01202 668439

June 2020 Newsletter



Following Government guidance, this month Little Beans are opening for all our families – please be aware that things such as the routines may be slightly different, but let us reassure you that the care your children receive will be the same as it has always been – we will continue to nurture and look after the children to the highest standard so they can learn, develop and grow.

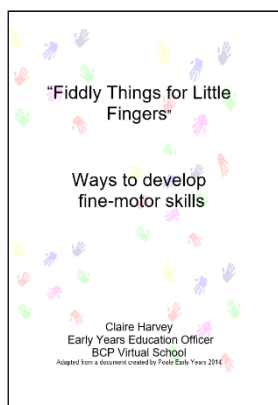
We would like to take this opportunity to thank all our families for their continued support over the last few months. We cannot wait to see you all again!

We would like to say a special thank you specifically to our Key Worker parents – we all appreciate all that you are doing to keep our country going and for keeping us safe.

This month the Little Beans that are still attending will be learning about...

Our Theme – Space and Planets

Your Little Beans will be learning about the solar system, the planets and all that is earth's neighbours! We will be singing space songs such as '5 little men in the flying saucer' and will have small world, mark making and many other space themed activities available for children to explore!



School

We have uploaded school readiness information on Tapestry which includes activities which your children can do at home such as Fiddly Things for Little Fingers and we will continue to add new things we feel will help your children be ready for school that you can take part in at home.

Reminders and Updates

Toys, water bottles and communication books – Until the pandemic is over, we are asking that parents **do not** bring in toys, water bottles or communication books. The children will be given specific cups to drink from and the information that would usually be included into the communication

books will be put onto Tapestry for you. Children under the age of 2 years, can still bring bottles in if they cannot drink from a cup.

NHS

Do not leave home if you or someone you live with has any of the following:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

[Check the NHS website if you have symptoms](#)

Illness and self-isolation - Please support us in minimising the spread of illness at Little Beans by keeping children off if they are poorly. Please can we remind parents and carers to follow current Government guidelines on self-isolating, testing and what you can do to protect yourself and others.

For more information please visit:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

<https://www.gov.uk/government/publications/staying-safe-outside-your-home>

There is also other useful information that has been uploaded onto Tapestry – such as what parents should expect during the wider opening in June which can also be found on:

<https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

Car Park/Parking/Public Transport - Please be aware that parking is for drop off and collection only. Please do not leave cars here whilst going on the school run. Please also park considerately within the marked bays. **YOU MUST NOT PARK ON THE PAVEMENT.** If someone has parked on the pavement, they will be politely asked to move their car before they are able to drop off/collect their children. Ensure when getting out of your cars and when waiting outside the nursery, that you are social distancing. May we also ask parents to not use public transport unless there is no other option.

More information about using public transport during the pandemic can be found on:

<https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers>

Spare Clothing and Children’s Belongings– Please ensure you are bringing in spare clothes in a labelled bag such as a rucksack (not a plastic shopping bag). Please pass this to a member of the team when dropping your child at the entrance to the nursery. All spare clothing and belongings in the child’s bag **must** be also be labelled. Even if you do not think your child needs spare clothing there will be occasions when they may need to be changed.



Website Our website has lots of useful information that is updated each month. We put all newsletters, menus and dates for the diary on it. Please regularly check the website to keep updated with what’s going on: www.littlebeansdaycare.com

Remember to check out our Facebook and Tapestry posts for information, activities, and support. More Home Learning information can be found on:

<https://www.gov.uk/guidance/supporting-your-childrens-education-during-coronavirus-covid-19>

Facebook and Instagram



Please check out our Facebook and Instagram page, give us a 'like' and 'follow' to keep updated with dates and reminders. We also add photos regularly of what your Little Beans have been up to. Please also leave reviews!



<https://www.facebook.com/littlebeansgarland> search on Instagram; Little Beans.

Recipe of the month - Moussaka

- 500g minced beef
- 1 tin of chopped tomato
- 1 courgettes - grated
- 1aubergine – chopped small
- 1 onions – finely chopped
- 1 tbsp tomato puree
- 1 tbsp oil
- 1 tbsp oregano
- 1 tbsp mixed herbs
- 2 tbsp cornflour
- 300ml soya/oat /cow milk
- 200ml water

Mashed potato

- 800g potato
- 2 tbsp vitalite
- 50ml soya/oat/cow milk

1. Make the mashed potato by boiling the potatoes, then draining once cooked. Add the soya/oat/cow milk and vitalite and mash well.
2. Cook the minced beef in a pot over a medium heat. Add all ingredients except the cornflour and water. Mix well and cook for 30 minutes. Mix the cornflour and water in a jug, then add to the beef mixture. Cook for 10 minutes, and mix well.
3. Spread beef mixture in casserole trays and top with mashed potato.
4. Bake in the oven for 20 minutes at 180 degrees.



If you have any questions or concerns, then please speak to a member of the Little Beans Team who will be happy to help.

Many thanks

The **Little Beans** team



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