

Rolling Hot 2 Course Lunch Menu



Week One

Monday: Gammon dinner with vegetables, stuffing and gravy

Dessert: Raspberry cake

Tuesday: Chicken and vegetable korma with rice

Dessert: Flapjack

Wednesday: Sausages and vegetables in onion gravy with mash

Dessert: Peach cake

Thursday: Minced beef and vegetable puff pastry pie

Dessert: Apricot jam tart

Friday: Cheese and tuna pasta with salad

Dessert: Yogurt

Week Two

Monday: Sweet potato, chickpea and vegetable curry with rice

Dessert: Strawberry jam tart

Tuesday: Roast chicken dinner with vegetables, stuffing and gravy

Dessert: Banana cake

Wednesday: Ratatouille risotto

Dessert: Fruit salad

Thursday: Chicken, tomato and vegetable pasta

Dessert: Blueberry cake

Friday: Fish and vegetable kedgeree

Dessert: Chocolate chip cookie

Week Three

Monday: Fish and sweetcorn risotto with salad

Dessert: Raspberry cake

Tuesday: Creamy sausage and pea pasta

Dessert: Flapjack

Wednesday: Gammon dinner with vegetables, stuffing and gravy

Dessert: Peach cake

Thursday: Vegetable chilli with rice

Dessert: Apricot jam tart

Friday: Mixed BBQ beans and vegetables on jacket potato

Dessert: Yogurt

Week Four

Monday: Chicken and vegetable puff pastry pie

Dessert: Strawberry jam tart

Tuesday: Mixed vegetable and rice stir fry

Dessert: Banana cake

Wednesday: Fish and pepper red Thai curry with rice

Dessert: Fruit salad

Thursday: Roast chicken dinner with vegetables, stuffing and gravy

Dessert: Blueberry cake

Friday: Sausage pasta with a mixed vegetable sauce

Dessert: Chocolate chip cookie